

L.I.F.E. System  
PROFESSIONAL  
Release 9  
Harmonic Energetic  
Technologies <sup>INC.</sup>

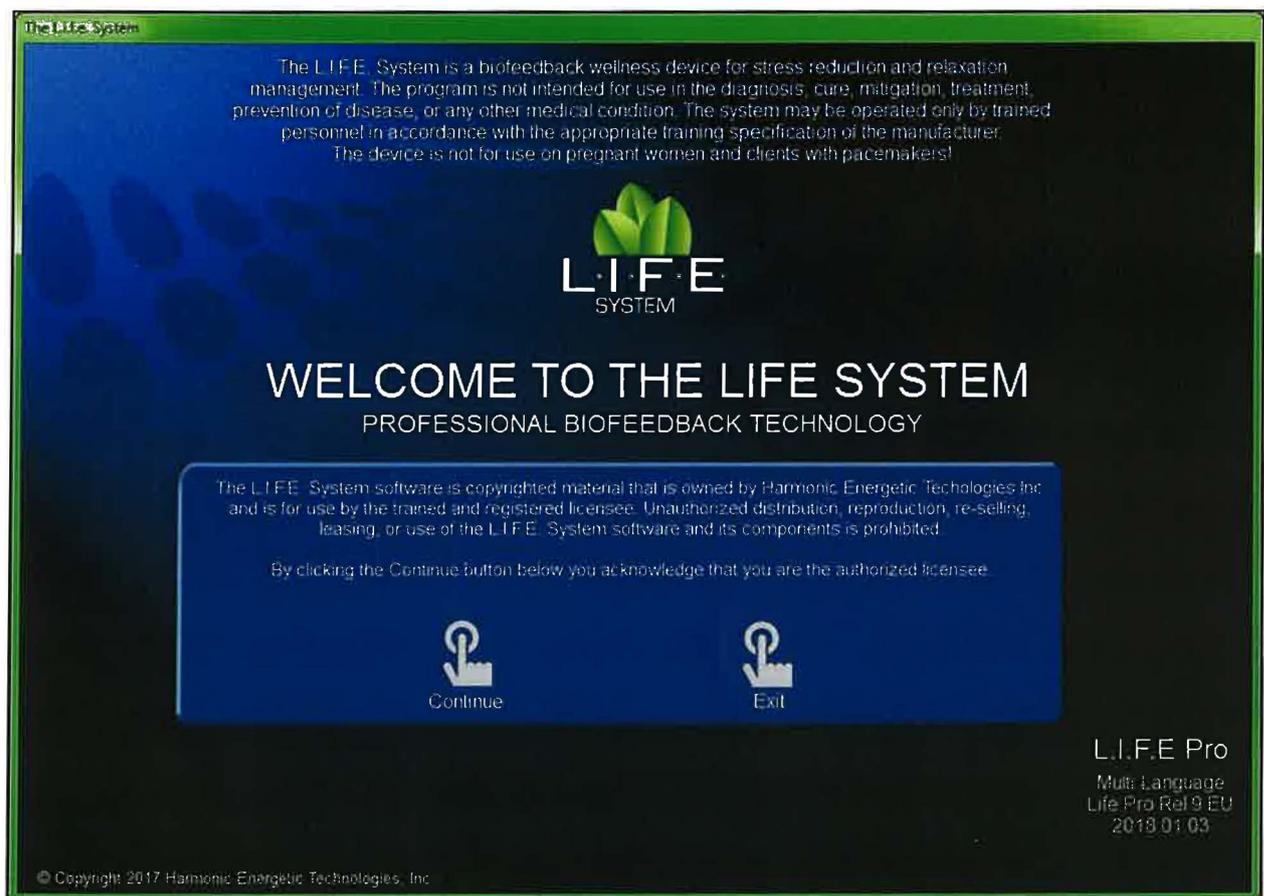


Presents  
The L.I.F.E. System <sup>TM</sup>  
Living Information Forms Energy

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# Table of Contents

<b>Page des sujets</b> .....	<b>Page#</b>
Welcome, Mission Statement, About the Program & Quick Start.... 1-A, B, C, D.....	p.3-6
Login, Password & Navigation Panel.....	2-A..... p.7
Demographic Profile .....	3-A, B..... pp.8-9
Lifestyle Panel & Calibration .....	4-A, B..... pp.10-11
Historical Profile .....	5-A..... p.12
Reactivity Test Panel.....	6-A, B, C, D..... pp.13-16
Wellness Information Panel .....	7-A, B..... pp.17-18
Automatic Program & Susceptibility Index.....	8-A..... p.19
Spinal & Dermatome Profile.....	9-A, B, C..... pp.20-22
Color, Aura & Chakra Profile .....	10-A, B, C..... pp.23-25
Neuro-Emotional Profile .....	11-A, B, C..... pp.26-28
Meridian Profile .....	12-A, B, C..... pp.29-31
Rife-Type Automatic Evaluation & Feedback .....	13-A, B..... pp.32-33
Chromosome, Gene & Cell-Com Profile .....	14-A, B, C..... pp.34-36
Organ-Specific Sarcodes .....	15-A, B..... pp.37-38
Muscles, Cartilage & Ligaments.....	16-A, B, C..... pp.39-41
Circulatory & Cardiac Profile .....	17-A, B, C..... pp.42-44
Respiratory Profile .....	18-A, B, C..... pp.45-47
Digestive Profile.....	19-A, B, C..... pp.48-50
Nervous Profile .....	20-A, B, C..... pp.51-53
Bone Profile .....	21-A, B, C..... pp.54-56
Lymphatic Profile.....	22-A, B, C..... pp.57-59
Ears & Eyes Profile .....	23-A, B, C..... pp.60-62
Sinus, Throat & Mouth Profile.....	24-A, B, C..... pp.63-65
Sports/Injuries & Trauma Profile .....	25-A, B, C..... pp.66-68
Dental Profile .....	26-A, B, C, D..... pp.69-72
Allergy Profile.....	27-A, B, C..... pp.73-75
Homeopathic Profile .....	28-A, B, C..... pp.76-78
Nutritional Profile .....	29-A, B, C..... pp.79-81
Emotional Transformation & Timeline Profile .....	30-A, B, C..... pp.82-84
Hormonal Profile.....	31-A, B, C..... pp.85-87
Brain Profile .....	32-A, B, C..... pp.88-90
Cosmetic Profile.....	33-A, B, C..... pp.91-93
Detoxification & Multiple Stresses Profile .....	34-A, B, C..... pp.94-96
Miasm & Anti-Aging Profile .....	35-A, B, C..... pp.97-99
Pet/Animal Profile.....	36-A, B, C..... pp.100-102
Timed Bio-Specific Profiles .....	37-A, B, C..... pp.103-105
Dimensional Transformation/Past Lives Portal .....	38-A, B..... pp.106-107
Iridology Profile .....	39-A, B, C..... pp.108-110
Biofeedback Profile.....	40-A, B, C..... pp.111-113
Urinary Profile .....	41-A, B..... pp.114-115
System Specifications .....	42-A..... p.116



## Welcome & Mission Statement

The Mission of Harmonic Energetic Technologies is to produce the finest biofeedback, relaxation management instrument possible. Every component of the L.I.F.E. System has been compiled with the greatest degree of competency and integrity. Professionals and others interested in the exciting world of biofeedback and relaxation management may use the system as a bridge to aiding the body's own relaxation mechanisms. Harmonic Energetic Technologies is dedicated to providing technical assistance, Internet web support and professional training. Please Note: Questions, comments, suggestions and corrections are always welcome. Visit our web-site at: [www.life-het.com](http://www.life-het.com)

## About This Program

**Please remember that the L.I.F.E. System software is protected by copyright and may not be duplicated, or copied, in any form, without written permission from Harmonic Energetic Technologies, INC.** Each licensee may load the software onto one or more computers, as allowed by their license. The computer containing the software must be owned, operated and in the possession of the original licensee, unless otherwise agreed to by Harmonic Energetic Technologies.

The L.I.F.E. System is a biofeedback, relaxation management instrument, using components of light, music and audible tones. No information should be construed as a medical claim, or representation that this product is intended for use in the diagnosis, cure, mitigation, treatment, or prevention of disease. A biofeedback, relaxation and stress management device records subtle, “reactive,” information provided by the client during the assessment procedure. The computer evaluates such responses, then, challenges the body with similar information by feeding it back to the client. This process assists the body’s own management mechanisms by encouraging a sense of well-being, balance and harmony.

Please Note: The interface box and harness components are not intended for use on clients with pacemakers or other medically prescribed electrical devices. However, disconnecting the interface box and utilizing the “Metaspace” feature may facilitate those clients with such special needs. For proper functioning of the software, the interface box will need to be plugged into the computer from time to time. When needed, you will be prompted by the software.



### **Interface Box and Computer Connections**

Attach the USB cable to the appropriate receptacles in the back of the L.I.F.E. System interface box and the computer.

Attach the 9-pin head harness cable and the 6-pin limb harness cable to appropriate receptacles on the back of the L.I.F.E. System interface box.

### **Limb Harness Placement**

The 4 limb harness bands may be applied to ANY wrist or ankle. Each band contains a single L.E.D. (light emitting diode). The L.E.D. for the wrist should face inward at the center of interior portion of the wrist. Ankle band L.E.D.’s may be placed at any desirable position.

### **Head Harness Placement**

Wrap comfortably around the head, with the 8 conductive silicone tabs and four LEDs in contact with the forehead. The red light emitting diode can be placed on either the right or left side of the forehead. Secure at the back of the head with the Velcro strip. There is no need to have the Head Harness overly tight.

## Quick-Start Summary

Please Note: The L.I.F.E. System software is a copyrighted program that is owned by Harmonic Energetic Technologies <sup>INC</sup> and is licensed to the initial user under the terms and conditions specified in the Warranty, Sale and Software Installation Agreements. Resale to another party may incur a re-licensing fee, at the discretion of the software manufacturer. Prior to utilizing the system for the first time you must obtain a one-time activation code from your distributor or customer service representative, listed in the back of this manual. When using a laptop computer, it is suggested that you leave it plugged into the wall while using the L.I.F.E. System. The battery only feature of laptop computers prolongs the time it takes to process information during certain functions.

A typical combined assessment and feedback procedure should last approximately 1 hour, dependent upon: 1: the client interview, 2: type of information provided by the client, 3: The Reactivity assessment, and 4: subsequent feedback procedures.



The following typical protocol is suggested:

**Step 1:** Open the program. On the first page, click Continue to go to the next panel. This will bring you to the Navigation page. Next, type your password into the Login field. The default username for new installations is LifeSystem, and the default password is the numeral 1. Then click "To Demographics" on the Navigation panel. Click "New Client" then Enter Name, Address, Phone number etc. and any other appropriate information you may wish to enter about your client. Click "Save All" before leaving.

**Step 2:** Proceed to the Lifestyle Profile, and enter the client's numerical responses, based upon each of the 20 questions posed. Do not enter percentages or letters, only numbers.

**Step 3:** Proceed to the History Profile by recording, checking and entering information into all appropriate fields. Now return to Lifestyle Profile.

**Step 4:** Attach the head harness and the wrist & ankle straps to the client. Then click Calibration. Upon completion, proceed to step 5.

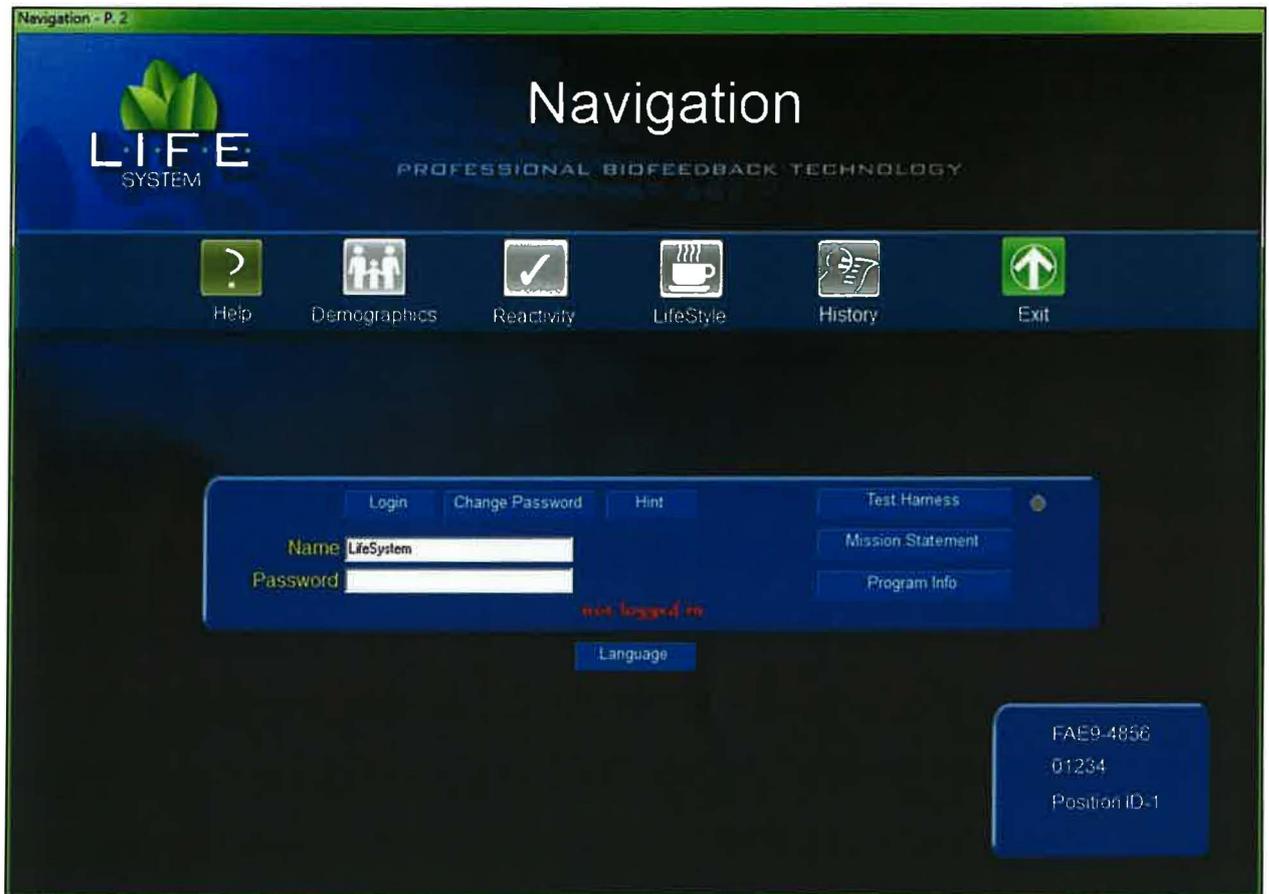
**Step 5:** Click "To Reactivity Test" to initiate activation of the assessment process. This test is used to evaluate responses relevant to possible indications of stress and muscle

tension. Click the “Test Potential” button to begin the process. Following an approximate 4 to 7-minute test, the most significant results and indications for relaxation feedback will be displayed in descending numerical order from top to bottom. A bar graph is also used to *graphically* display a significant response. These results may then be used as a guide for considering subsequent feedback procedures. A response of 75% or greater (on the graph), or 1500<sup>+</sup> (in the numerical, “Significance” column), is considered appropriate for applying a feedback procedure. You may then select any item in the matrix by clicking and highlighting it then clicking either the 5 Second Auto or Feedback 30 Seconds button. An additional option would be to set the timer for the desired feedback duration, from 1 to 30 minutes, then select either the Harness or Metaspaces option.

**Step 6:** When you have completed all desired functions, proceed to the Wellness Info panel. Click on the red Wellness Info button, and select the Susceptibility option to assess possible additional stress responses pertaining to more generalized organs and systems. Click Test Potential button to start test. Evaluate the three suggestions highlighted in red, yellow or blue and apply feedback if desired. Then, return to the Wellness Info page.

**Step 7:** Based upon the information provided by all of the previous factors, the practitioner will go to Wellness Info to choose and apply the specific feedback procedures as indicated. Typical feedback procedures range from one to three minutes, or more, dependent upon individual assessment needs.

**Step 8:** Upon completion of feedback, results may be assessed through a brief, final interview with the client, to determine his/her sense of wellness and relaxation/stress reduction levels. Subsequent visits may be determined and scheduled in accord with the client’s personal and/or projected sense of well-being, as well as the practitioner’s observation.

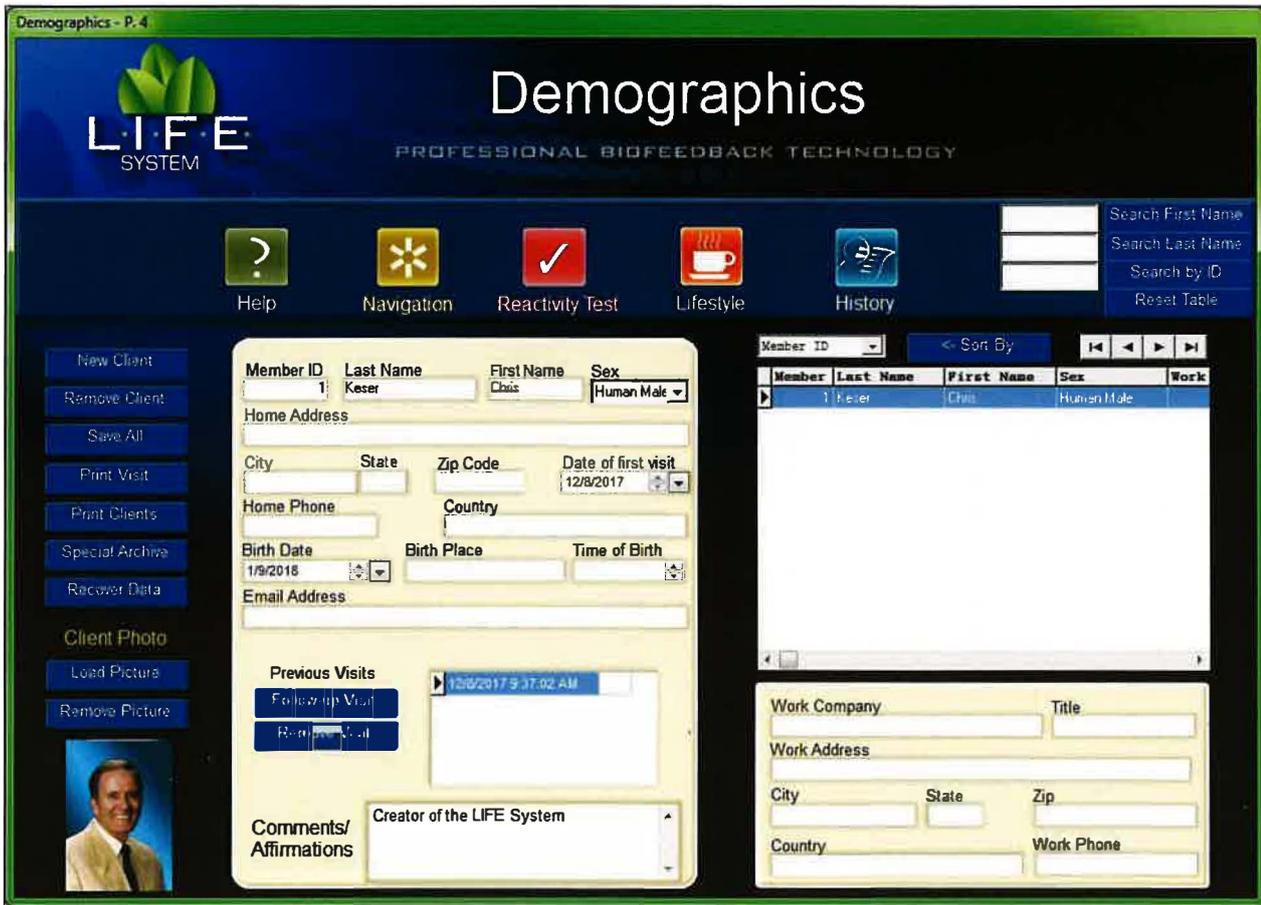


## Login, Password & Navigation

Upon entering the Password, Login & Navigation page you will need to enter the password you were assigned when you purchased the L.I.F.E. System (typically the number 1) into the “Password” field. It is not necessary to change the “Name” field. It is recommended that you leave the words LifeSystem” in that field. If you choose to make changes to either the Password or Name fields, please contact Harmonic Energetic Technologies technical support for instructions. Technical support will guide you through the process of using the “Change Password” and “Hint” buttons.

The “Test Harness” button allows you the option of testing the functionality of your harness system. Make sure that both the Head and the Limb harnesses are properly affixed to the back of the L.I.F.E. System interface box. Click the “Test Harness” button and the four lights on the Head harness, and the four lights on the Limb harness will illuminate and blink. In addition, four of the red lights on the right side of the L.I.F.E. System box will illuminate and blink. The other four lights will not blink at this time.

Following the entry of your password, you will need to proceed to the “Demographics” page by clicking the navigation button on the bar at the top of the screen. Please Note: You **MUST** proceed to the Navigation screen and enter a client prior to any Testing or Feedback procedures. The Reactivity Test, Lifestyle and History and Exit buttons may be used as needed.



## Demographics

The Demographics screen contains all the appropriate and pertinent information pertaining to your client. Click the New Client button at the top left of the screen. To ensure proper functioning of the device enter the last name, first name, gender of the person or pet, home address, city, state, zip/postal code, date, telephone number, country, birth date and birthplace. All other fields including the e-mail address, work or company name, title, work address, work phone and country are desirable, but NOT ESSENTIAL. To delete a client, simply highlight the name in the client list, then click the Rem. Client button on the left, and SAVE ALL. To delete a visit for a particular client, highlight a date in the Previous Visits list and click Remove Visit. NOTE: you must click Save All at the left of the screen following any entry. If you wish to add a visit for an existing client, highlight the client's name in the client list, then click the Follow-up Visit button. A current date will be added to that client's record.

Inserting a Personal Affirmation and a picture of your client IS HIGHLY RECOMMENDED. The personal affirmation may be typed into the box under Client Affirmation. It will automatically be stored with the rest of the information you enter into this panel upon clicking the Save button. The affirmation may be changed on subsequent visits. If the client supplies you with a picture it must be stored in the

Patient Pictures file of the program and may be imported from a digital camera (recommended), CD, flash card or another image source. It is recommended that the practitioner purchase an inexpensive Digital camera, which can be utilized with a laptop or desktop computer for this purpose. It is not recommended that you use images transferred via the Internet as they may contain viruses. BE CERTAIN ABOUT THE INTEGRITY OF THE SOURCE PICTURE.

Click on the Save All button after entering the necessary demographic information. This will preserve and store the entries you have made. If you make ANY changes to the demographic data during subsequent sessions, be sure to save them before leaving.

The Restore Data button allows you to store and retrieve all your patient files in a backup folder in the event of a computer failure.

The Print Visit button allows you to select a date in the Previous Visits box and print the Main Reactivity Test that was stored for that visit.

If you are returning to the Demographic panel in order to select a previous client and you ARE NOT making any demographic changes or other entries, click and highlight the client's name in the alphabetical client list, then click the Follow-up Visit button, which will enable a new date and history index for an existing client. Next, proceed to the Lifestyle Profile panel.

Lifestyle Profile - p. 5

## Lifestyle & Calibration Profile

If you have already completed the Demographic screen, you will notice the name of your client appears in a field at the upper left corner of the Lifestyle Profile.

Interview the client, using the questions supplied, and enter an appropriate number in each of the boxes. Do not enter zeros, letters or % signs in any of the fields, just numerals. Make sure that the “Save” button is clicked following completion.

Questions posed in this panel are generic and do not represent a medical profile. The information is gathered in order to help the client and the practitioner understand what processes inhibit the client’s overall well-being or lifestyle. Information should be reviewed with the client on subsequent visits to ascertain whether that individual is striving to make changes that will influence his/her state of relaxation/wellness. Information from this profile will be saved to a dated file that is linked to the Previous Visits box above. Clicking on a date in the Previous Visits box displays data for the selected visit.

At this time, place the head and limb harnesses into position on your client, unless you are using the Metaspace function. **WARNING: YOU MUST USE THE METASPACE FUNCTION FOR CLIENTS WITH PACEMAKERS. DO NOT USE THE HARNESS SYSTEM.**

You may now proceed with the Quad-mode Entrainment Calibration process.

Make sure that you have attached the head and limb harnesses, then click the red Start Calibration button. Calibration attunes the individual by creating a link between the individual and the L.I.F.E. System. Calibration is an automated procedure that usually takes less than a minute to complete.

Prior to leaving the Lifestyle Panel, do not forget to click the Save button to store the information from this page into the Client's Previous Visits history shown above.

At this time, you may return to the Demographic Profile, only if you forgot to add something to that screen. Make your changes, be sure to click save, and then return again to the Lifestyle Profile.

It is **RECOMMENDED** that you proceed to the optional panel called the History Profile, particularly for first time clients. The History Profile provides a further and more in-depth view of what the client may be experiencing.

Although you may go directly to the Wellness Info (that is the red button found on the Reactivity page) to begin working with your client, it is **HIGHLY RECOMMENDED** that you proceed, next, to the Reactivity Test panel prior to using the Wellness Info.

History Profile - p. 6



# History Profile

PROFESSIONAL BIOFEEDBACK TECHNOLOGY

  
 Help

  
 Demographics

  
 Lifestyle

  
 Save

Inherited Disorders:   
 Mother:   
 Father:

### HISTORY PROFILE

#### Right

- Tonsils
- Brain Part
- Adenoids
- Appendix
- Gall Bladder
- Spleen
- Thyroid
- Uterus
- Ovaries
- Kidney
- Lung
- Nerve Part
- Stomach
- Intestine
- Thymus

#### Left

- Arm, complete
- Arm, below elbow
- Hand
- Part of Right Hand
- Finger(s)
- Shoulder
- Leg, complete
- Leg, below knee
- Foot
- Part of Right Foot
- Toe(s)
- Eye or vision
- Ear or hearing
- Facial Disfigurement
- Bone Removal
- Breast or Lymph Part

### Medications

- Pain
- Blood Pressure
- Blood Thinners
- Cholesterol
- Kidney
- Anti-Convulsant
- Anti-Depressant
- Anti-Psychotic
- Cancer Drugs
- Antibiotics
- Steroids
- Liver
- Heart Meds
- Thyroid
- Digestive
- Diabetic Meds
- Birth Control
- Parkinson's

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### Toxic Exposure

- Beauty Salon Toxins
- Industrial Toxins
- Asbestos, Fiberglass
- Heavy Metals
- Radiation
- Food Additives
- Herbicide, Insecticide
- Chlorine or Floerine
- Air, Water Pollution
- Infectious Diseases

### Major Diseases

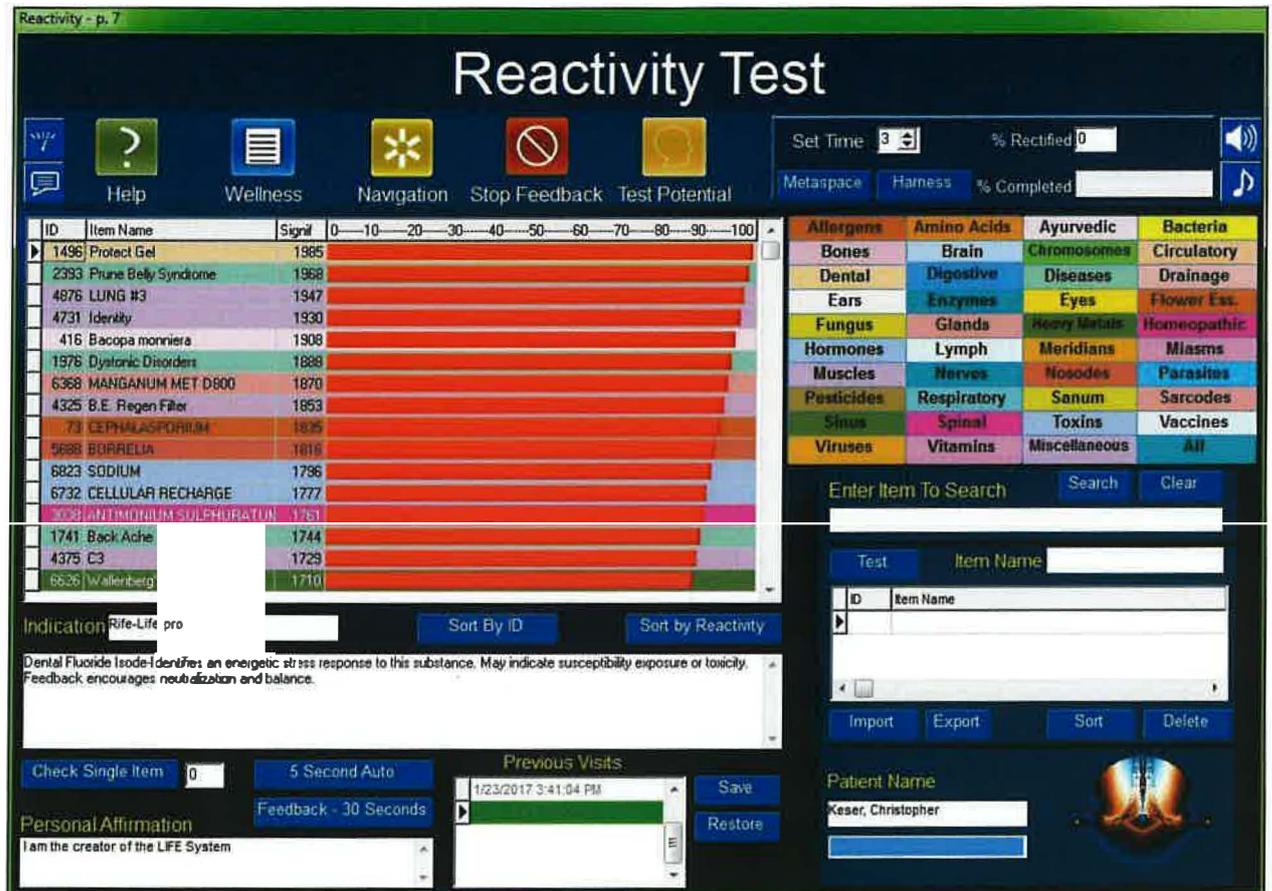
- Vascular, Circulation, Disease, Arteries, Veins
- Infections or History of Infections
- Cancer, Tumors or Degenerative Disease
- Dietary or Absorption Disorders
- Drug or Alcohol Addiction, Toxic Exposure
- Congenital or Inherited Birth Disorders
- Allergies or Tendency to Allergies
- Serious Trauma or Injury
- Endocrine, Glandular or Hormonal Disorders
- History of Mental or Emotional Disorders
- Sensory: Eyes, Ears, Taste, Feeling, Smell
- Sensitivity to Humidity, Heat, Cold, etc.
- Cognitive or Memory Disorders

### Types of Stress

Please Describe... Work, Family, Relationship, Etc.

## History Profile

The History Profile contains six panels. Each panel displays generic information that may or may not pertain to your client. Check the appropriate boxes and/or enter text where indicated. Click the Save button prior to closing, and all information will automatically be stored within the Demographic Profile history for future reference. When you have finished, click the Lifestyle icon on the tool bar, at the top of the screen, and you will be returned to that panel.



## Reactivity Test Profile

The Reactivity Test Profile is considered one of the primary features of the L.I.F.E. System and contains a multiplicity of functions. The primary function is to obtain an informational biofeedback stress response from your client.

Ask the client to relax and remain quiet and still while the reactivity test is being performed. Start by clicking the orange Test Potential button to initiate the automated reactivity process. The test will take between six to eight minutes to complete, during which time, the client's response to thousands of substances will be assessed. Click Save, upon completion, in order to store the test. To view a previously stored test, just click on a date in the Previous Visits box and then click the Restore button.

Clicking on any item in the Reactivity matrix will produce a graphic, referred to as a "Fractal Image, and seen here at the lower, right portion of your screen." The fractal represents a powerful representation of the energetic signature of each substance in graphic form.

The information provided, in the form of numerical percentages, bar graphs and subsequent descriptors, provides clues to those areas which produced a stress response, and may require relaxation management. Since Biofeedback or Stress Management technicians DO NOT use this

instrument to diagnose, treat or prescribe for disease, the information should be evaluated carefully, and does not in any way represent the presence of any mental or physical illness.

The reactivity response ONLY takes into consideration the possibility of susceptibility, weakness, carefully, and does not in any way represent the presence of any mental or physical illness. exposure, or pre-disposition to a certain stress factor or another wellness inhibitor associated with the indicated item. PLEASE REMEMBER: only duly qualified and licensed health care practitioners may make assumptions relative to specific disorders or medical conditions.

Following the reactivity test, you have several options. You may highlight any item in the test matrix and click the button entitled 5 Second Auto, or click the button entitled Feedback-30 Seconds. Alternatively, you may select any one of the 7,000 items in the test matrix and set the timer for a lengthier feedback process, between 1 and 30 minutes.

To obtain more precise information regarding a SINGLE entry, highlight any item in the matrix and click the button called "Check Single Item." A numerical percentage will appear in the box next to the button. A response above 75% may be considered significant, as it is desirable to have a response potential of 75% or below for this specific test.

At the top right of the screen there are 39 color-coded "Category" buttons. Each of these buttons represents a specific group of test items. Click any one of these "Category" buttons to review the items within that category and the related reactivity value that was generated during the test process. You may use either the button entitled 5 Second Auto, or Feedback-30 Seconds to provide feedback to any category item. Please Note: Clicking the ALL button, located at the lower right corner of the category group, will return the screen to the main test matrix.

If you wish to create items in your own PERSONAL matrix, for future assessment and feedback purposes, you may do so by typing the name of the desired item into the Item Name field, then place the desired item onto the test tray, located on the top of the interface box, and click the Import button. The item will automatically be imported into your PERSONAL database, assigned an energetic signature, and included in your PERSONAL matrix. You may also Export, Sort or Clear any of the items entered. These items will be stored as a part of your PERSONAL matrix. They will not be included in the main test matrix. You may run a test on your PERSONAL items by clicking the red TEST button, or you may highlight an individual item, set the timer, then apply feedback.

Once again, notice the timer located at the top right portion of the screen. You will find this feature on every panel throughout the L.I.F.E. System. The default setting on the timer is always 3-minutes. However, you may use the scroll feature to select any amount of time, from 1 to 30 minutes. Located on the timer graphic you will also find two red buttons, which allow for choosing either Harness or Metaspace mode. Please note: If you select a time of "0" on the timer while choosing the Metaspace mode, you will override the timing mechanism and the system will continue to run in Metaspace mode until you click the Stop Feedback button. This feature is available throughout the entire program. Please be aware that any time the Metaspace mode is selected on the timer, throughout the entire program, the lights will NOT be activated on the box or harnesses.

The % Rectified field on the timer displays the approximate energetic response of the client, relative to the feedback process. A score of 85% or above is satisfactory.

An additional feature is the highly useful Search function. Type the name of any item or condition into the field provided, click the search button and all the items in the matrix containing information regarding your entry, will appear in the window. Scroll these

items to evaluate and make any selection you wish. Apply feedback, if appropriate. Click the Clear button before making another search entry.

Remember: you may interrupt feedback at any time by clicking the Stop Feedback button, during any feedback procedure. You may also proceed to the main Wellness Information page at any time by clicking the Wellness Info icon on the tool bar.

One recent, additional feature, is the one we refer to as the "Custom Feedback Window." By right clicking on ANY item in the matrix list of 7000 items, you will open another window which allows you to select any number of items for feedback, by simply highlighting an item, then clicking the "Add" button in the center of the screen, thus adding that item to the Custom Feedback list. If you make a mistake you may select and highlight the item, then click the "Remove" button, or select a group of items and click the "Remove All" button. Once you make all your entries, just set the timer on the panel to the desired setting and click either Harness or Metaspace to initiate feedback. The time you selected will automatically be divided equally among all the items you have entered. When you have finished, click the "Close" button to return to the main Reactivity Test page.

There are just a few more items, on the Reactivity Test page that I would like to bring to your attention prior to moving on. The "Indication" field, at the center, left portion of the screen, provides the practitioner with a program suggestion, based upon the completed reactivity test. The suggested program can be found in the Wellness list of program options on the next page.

The "Sort by I.D" and "Sort Reaction" buttons, as noted by the yellow arrows, allow the practitioner to shuffle back and forth between those two window displays.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar) Please make note of the small yellow arrows that I have used to denote the location of these icons. I will discuss the features associated with these icons here on the Meridian page, but for the sake of brevity will not discuss them on subsequent pages, since each will function in a similar manner throughout the entire program.

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an **audible frequency tone** which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An

excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **still receiving viable feedback information**. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

Since the Reactivity Test panel is such an important asset of the program, I would like to suggest that you pause the training video here, open your Life System program, if you have not already done so, and browse through the entire Reactivity Test panel, by selecting and clicking each of the buttons in order to become familiar with all of the functions and features we have just addressed. Please take your time reviewing this page, since it compliments and mimics virtually all other pages within the Life System program. It will serve you well to become completely commensurate and fluent with the Reactivity Test page prior to your more formal training. Once you understand the operation of this page, the rest of the program will be like a walk in the park.



## Wellness Info & Function Panel

DO NOT USE THE HARNESS AND THE INTERFACE BOX ON CLIENTS WITH PACEMAKERS OR OTHER MEDICAL IMPLANT DEVICES OR COMPONENTS.

The Wellness Info page provides a user-friendly index and access to all programs and settings within the L.I.F.E. System. To activate the system for the first time, you will need to obtain an activation code Harmonic Energetic Technologies support staff, prior to proceeding. Following this, your password must be entered into the Navigation page. If you are loading the program on more than one computer, you will need an activation code for each computer. This procedure will need to be implemented *only once for each computer*. Each licensee will be limited to software installation on three computers.

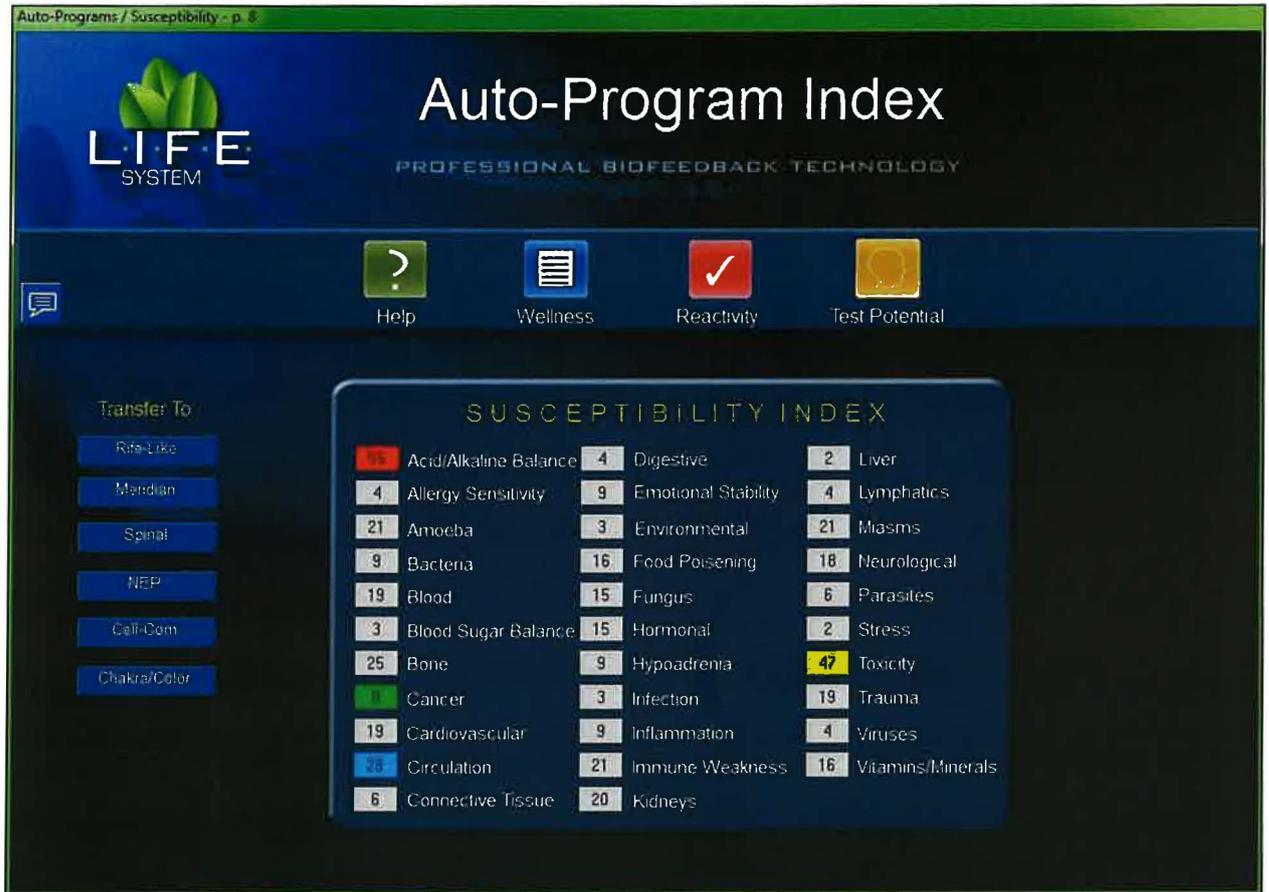
Function settings such as EMR Protection, or viewing and editing Affirmations may be modified from this panel. While you may change the EMR setting, it is strongly recommended that you use the default setting, which allows for fulltime EMR protection.

The Wellness Info page contains an access button to the Affirmations/Prayer file Access. This file contains universal, non-denominational affirmations written by Harmonic Energetic Technologies staff. These affirmations remain active during the entire course of program activity. You may edit, add to, or remove any prayers in the folder by simply clicking on the red View/Edit Prayers button. Both the system default affirmations and your own additions may run at the same time. *There are no hidden or subliminal messages in the default Affirmations/Prayer program.*

In order to view client information, you must click on the Demographics button located on the bar at the top of the Wellness Info screen. Please Note: In order to enter a NEW client, you must first close the program and proceed to the Demographics page.

YOU WILL RETURN TO THE “WELLNESS INFO” PANEL EACH TIME YOU MAKE A NEW PROGRAM SELECTION. When you choose to leave an active program panel, click the “WELLNESS INFO” button on the tool bar at the top of that screen and you will return to this window, enabling you to make another selection. Should you choose to leave the entire program and return to the Windows Desktop, click the Exit button. REMEMBER, YOU MUST EXIT AND REOPEN THE PROGRAM EACH TIME YOU WORK WITH A NEW OR EXISTING CLIENT.

One final item I would like to address prior to leaving the Wellness Information window is the gold Body Balance icon located at the top right of the tool bar. Clicking that icon will allow the practitioner to enter the exciting, new Body Balance program. It should be noted that this is an optional addition. However, a ten day trial program is included with the purchase of every Life System, and the icon will remain active for that period of time. If interested, at the time of expiration, please contact your distributor for more information.

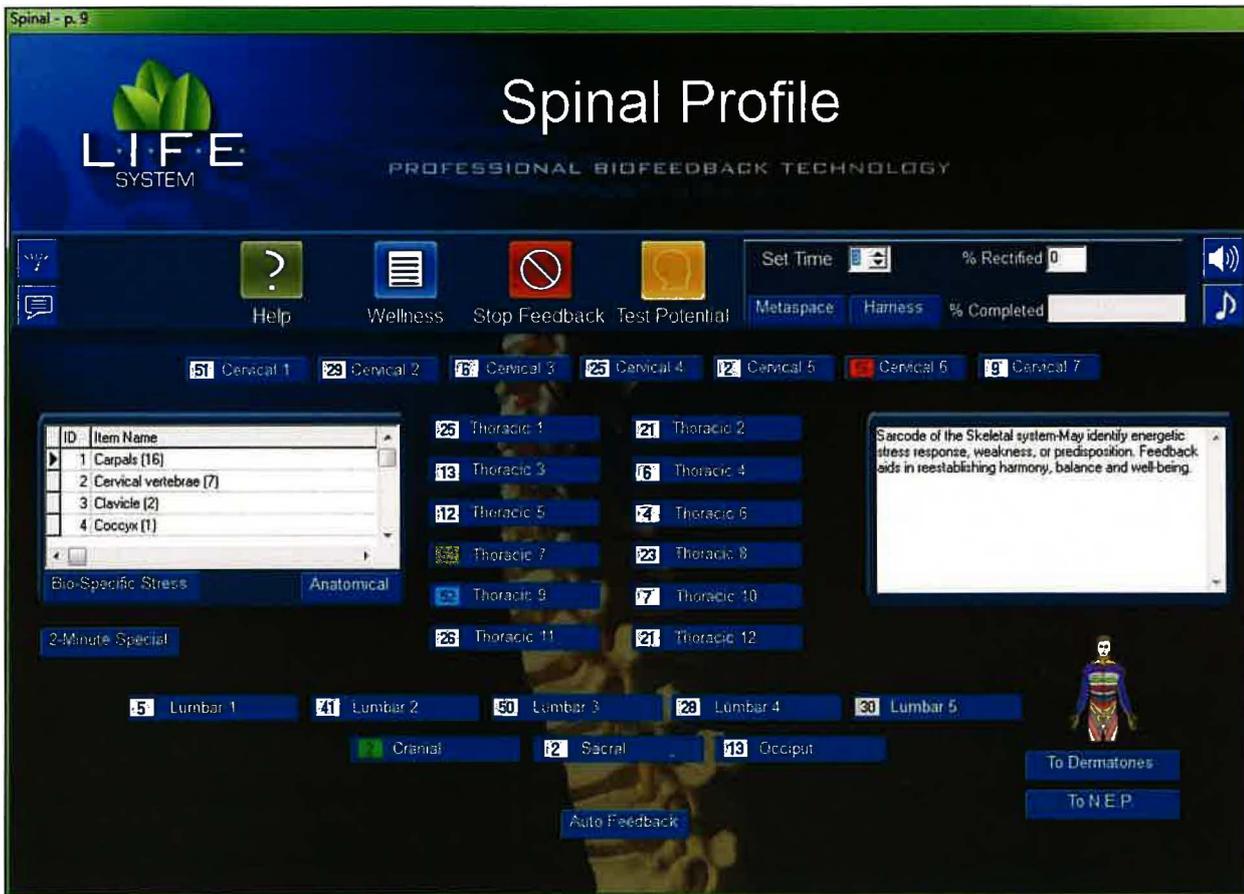


## Auto Programs Index & Susceptibility Index

The Susceptibility Index & Auto Programs Index panel provides two functions. First, click the Test Potential button on the bar at the top of the screen. This activates a reactivity process pertinent to the thirty-two items listed in the susceptibility index. The *three highest values* will appear color coded to indicate the greatest degree of response and the highest probability of energy field imbalance. Red is the highest value, then yellow, and finally blue. The resulting scores allow for a more focused, stress response and subsequent feedback possibilities. While FEEDBACK PROCEDURES CANNOT BE APPLIED FROM THIS PANEL, it helps to point the operator in the right direction.

Secondly, there are a number of Auto-Focus Programs that may be accessed from this panel by clicking on any of the small buttons provided along the left side of the screen. Auto-focus programs include: Cell-Com, Rife-like, Meridian, Spinal, NEP, Chakra/Color programs. Instructions for each of these programs will be addressed on their respective pages.

You may choose to go to any of the auto-focus programs or return to the Wellness Info panel to choose other possibilities.



## Spinal & Dermatome Profile

The Spinal panel provides insight into the energetic integrity of the spine. Click the gold Test Potential button located on the tool bar to begin the reactivity process. Three colored markers will appear next to the vertebrae denoting the client's highest reactivity responses, with red being the highest, then yellow and finally blue. To initiate the feedback process to the top three items, set the timer to the desired length, click either the red Metaspacer or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. The Auto Feedback button, located at the bottom center of the screen will initiate an automated feedback procedure to the highest or red item ONLY.

Feedback may be applied to any *individual* vertebra by clicking on that vertebra, setting the time to the desired duration, or using the three-minute default, and selecting either the Metaspacer or Harness mode to start feedback. The desired rectification is 85% or more. Clicking Stop Feedback will interrupt the feedback process at any time.

You may access the Neural-emotional Program from this panel (referred to as N.E.P.) by clicking that button at the lower right of the panel. The N.E.P. program has been discussed previously on this tutorial. To open and view the dermatome panel, click the red button next to Dermatomes, at the lower right portion of the screen. This will open a

panel showing specific areas of the skin that provide sensory input via spinal nerves or the 5th Cranial Nerve.

To apply feedback to any of these Dermatomes, make a selection of any ONE of the 29 choices, indicated by the yellow arrow, set your timer, then select either the Harness or Metaspace button to activate the feedback process. You may then return to the Spinal panel by clicking the "To Spinal" button located on the tool bar.

By clicking on either the red Anatomical or Bio-Specific button at the middle left of the page, a list or table of items will appear. You may select and highlight any one of these items and apply feedback by setting the timer in the standard manner and choosing either metaspace or Harness to begin feedback. The item selected will have information provided in the Description field, located at the right center portion of the screen, offering a further understanding of the client's energetic profile.

You will also notice a 2 minute special stim button located at the lower center portion of the window. Clicking this button will open a video graphic, and administer an automated 2 minute general feedback to the Spinal system.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

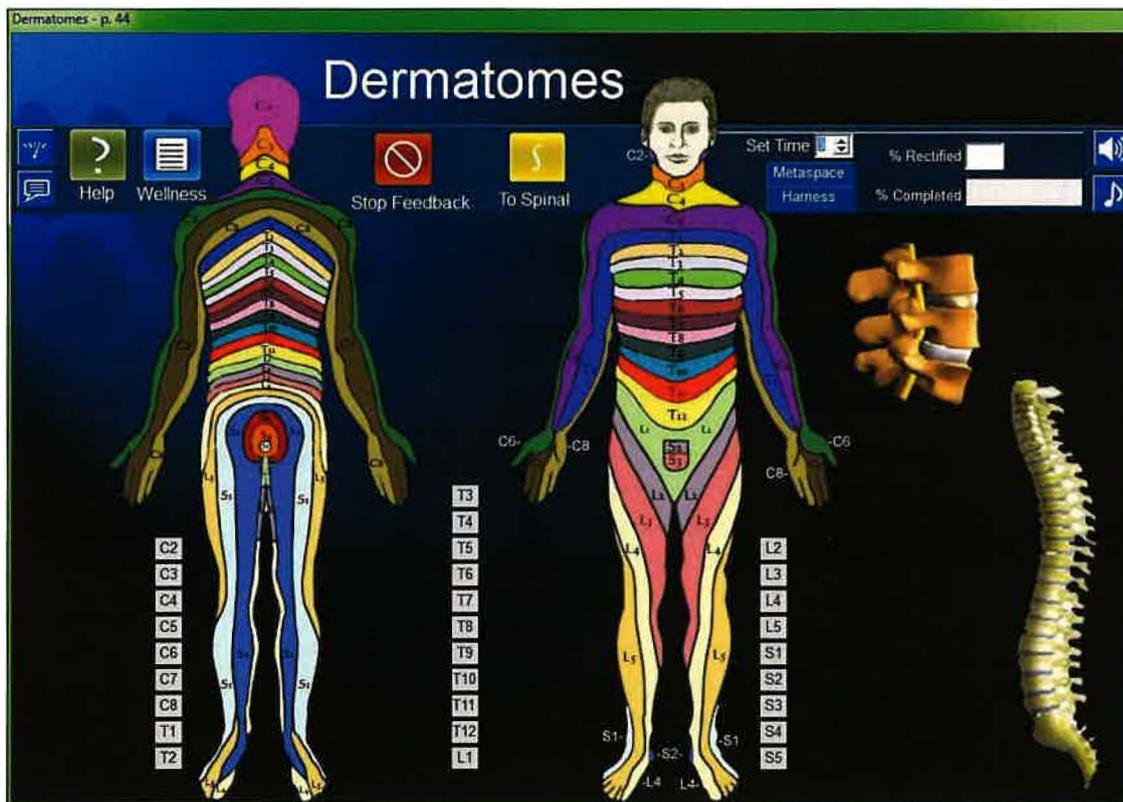
When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

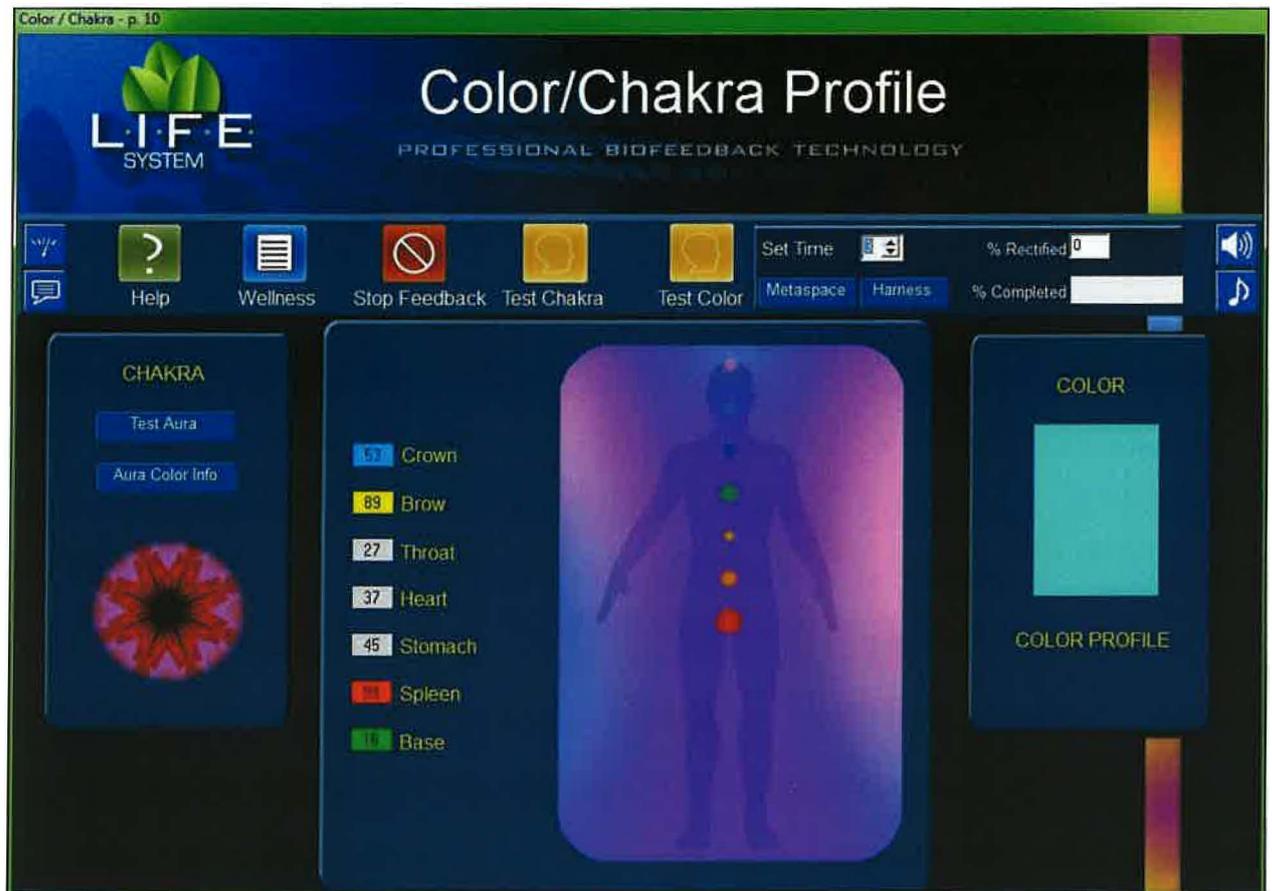
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at

the top right of the screen is selected. Once your music selection is made, click the "Close" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspacer button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is *still receiving viable feedback information*. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspacer applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

When all balancing is complete, you may return to the Spinal panel or the Wellness Information page, by clicking the icon on the tool bar. We will now return to the Wellness Information panel to make another selection.





## Color, Chakra & Aura Profile

There are three main functions performed from this panel. To use the Color Profile as a feedback modality, click the gold Test Color button located on the tool bar at the top of the screen. Upon completion, the program will display in the Color Profile graphic, the color most likely to have a profound feedback influence on the client. To give that color's feedback signature to the client, select the appropriate duration on the timer, and click either the Harness or Metaspace option. The optimum % Rectified value is 85 or above. You may suggest that your client wear that color for a period of time between appointments.

To run the Chakra Profile, click the gold Test Chakra button located on the tool bar at the top of the screen. Upon completion, the program will display three, color values to the left of the rectangular graphic surrounding "Chakra Man". The top three values will be identified in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the red Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession.

As with the color program, you may change the length of time and mode of delivery. If you wish to balance just one Chakra click on the white rectangular box representing the specific charka, and adjust the timer as needed. The optimum % Rectified value is 85 or above for either method of balancing.

To start the Aura Profile simply click the Test Aura button located at the left of the screen. The test results will be displayed in approximately 1-1/2 to 2 minutes. To evaluate the meaning of the rendered colors, and their position within the graphic, please read the brief descriptions provided by clicking the Aura Color Info button. For more in depth evaluation please read one of the many books that have been written on the subject of Aura interpretation, or reference information on the Internet.

For each of the programs, you may interrupt feedback at any time by clicking the Stop Feedback button.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

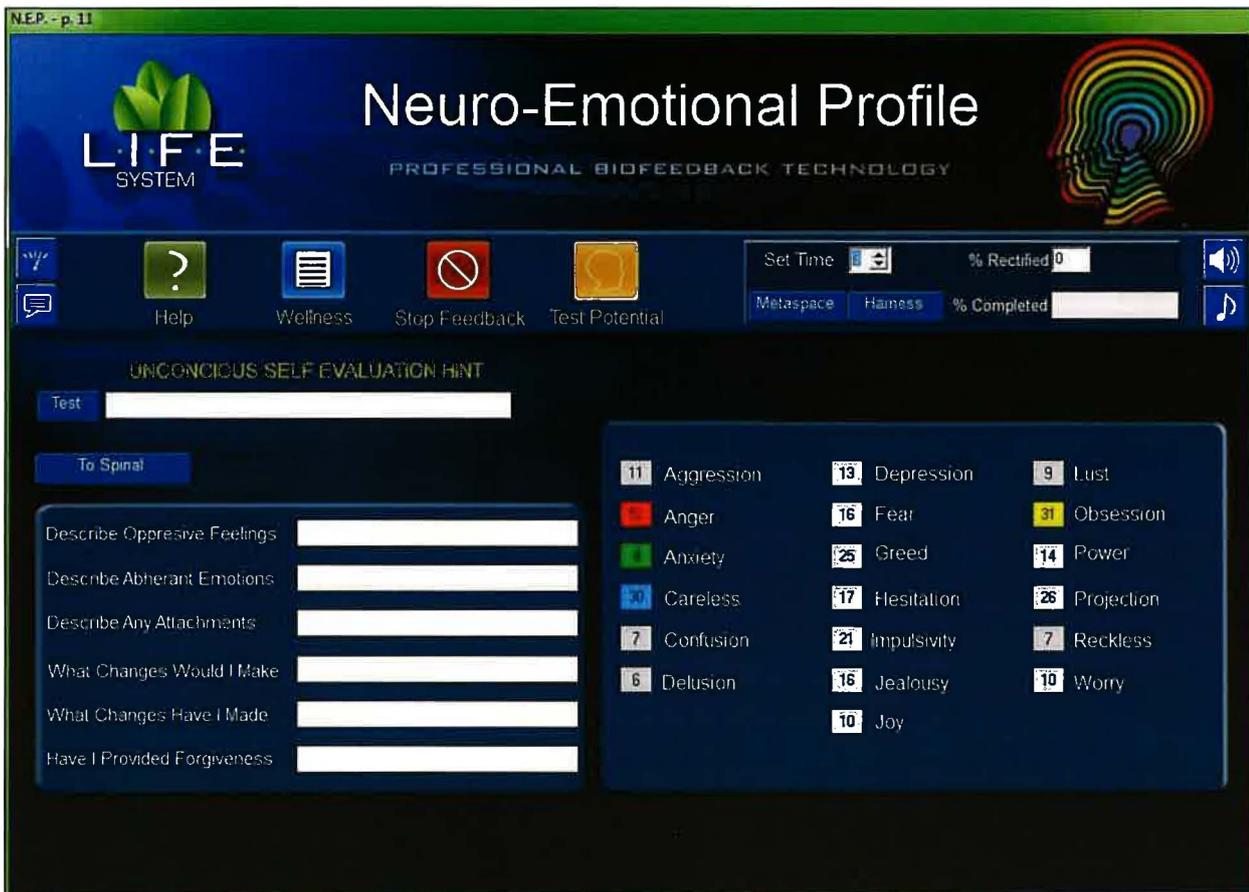
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter

appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is still receiving viable feedback information. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

Return to the main program screen when finished, by clicking the Wellness button.



## Neuro-Emotional Profile (N.E.P.)

This panel provides a sub-conscious link to a number of core emotional issues. To begin the evaluation process, click the Gold Test Potential button located on the tool bar at the top of the screen. Upon completion, color values of red, yellow and blue will be displayed next to the three most reactive items shown in the panel at the lower right of the screen. To initiate the feedback process to the top three items, set the timer to the desired length, (or use the 3-minute default) then, click either the red Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession.

If you wish to apply feedback to any specific item, select that item by highlighting it, adjust the timer to the desired length and then click either Metaspace or Harness to start.

You may use the question fields at the left, center of the screen to ascertain the client's involvement regarding certain issues. Clicking the To Spinal button will transfer you to the Spinal Profile panel. The Spinal panel also provides a transfer button back to the N.E.P. Profile panel. Utilizing the Spinal panel at this time may help to determine where emotional issues are stored in the body. Simply click the Test Potential button in the Spinal panel, to provide direction toward a possible solution, then set the timer to the desired length and click on either the "Harness" or "Metaspace button to start." Please remember that by setting the timer to "0" and choosing "Metaspace," the program will run indefinitely until you select Stop Feedback. This feature exists in all panels throughout the program.

To use the Unconscious Self-Evaluation Hint, click the red Test button provided at the upper left of the window. A hint, relative to the client's subconscious choice, appears in the white field, providing direction toward a possible solution. You may apply feedback for this issue by setting the timer to the desired length and then clicking either Harness or Metaspaces to start the process.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

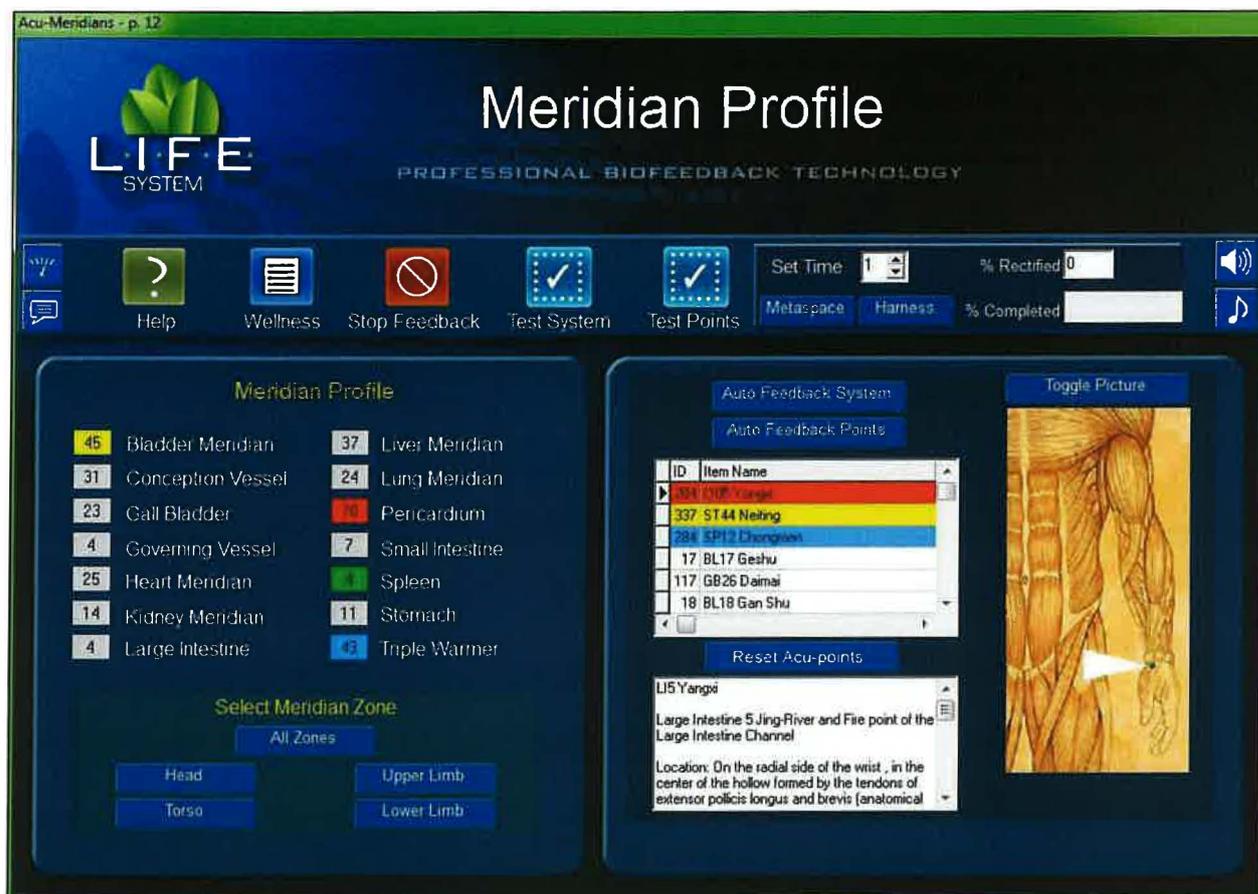
When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspaces or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspaces button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information.*** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In order to continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Meridian Profile

The "Acu-Meridian" program provides insight into the energetic integrity of the body's meridian system. Click the Test System button at the top center of the panel. The program will assess the relative stress potentials of the 14 basic meridian pathways. The three most reactive items will be indicated by color values, with red as highest, then yellow, and Blue. Green, will always indicate the least reactive value. This will be true throughout the entire Life System. To initiate the feedback process to the top three items, set the timer to the desired duration, click either the red Metaspace or Harness button to start, and the program will automatically divide the time allotted, and apply feedback to each of the three items in succession. Selecting the Auto Feedback button near the top center of the panel will activate an auto feedback process pertaining to the highest, or red item ONLY.

Please note: that you may stop feedback, at any time, by clicking on the Stop Feedback button.

You may select any individual meridian group for feedback, other than the ones chosen by the computer, by clicking on the button next to the desired item. You may then set the timer in the standard manner to proceed with feedback. A third option exists within the framework of this panel. A window, located at the center, right portion of the screen contains all of the known Chinese acupuncture points. You may click on the "Test

Points" button to initiate a reactivity process, relative to all the individual points in the table. Upon completion of the assessment process, three color values will be displayed denoting those items demonstrating the highest reactivity values. To initiate the feedback process to the top three items, set the timer to the desired length and the program will automatically divide the time allotted, and apply feedback to each of the three items in succession. Set the timer, then click either the Metaspacer or Harness button to begin the feedback process.

In addition you may choose to apply feedback to any *single* point you wish, by clicking and highlighting the item, and then applying feedback by selecting the timer and pressing either "Metaspacer" or "Harness." You will also notice that a detailed description of each point appears in the text window just below the graphic of Acu-Man.

The "Select Meridian Zone" feature, as noted by the yellow arrow, allows the operator to select, and apply feedback to any one of the five acupuncture zone groups. After making your selection, simply set your timer to the desired duration and click either Harness or Metaspacer to begin feedback.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspacer or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

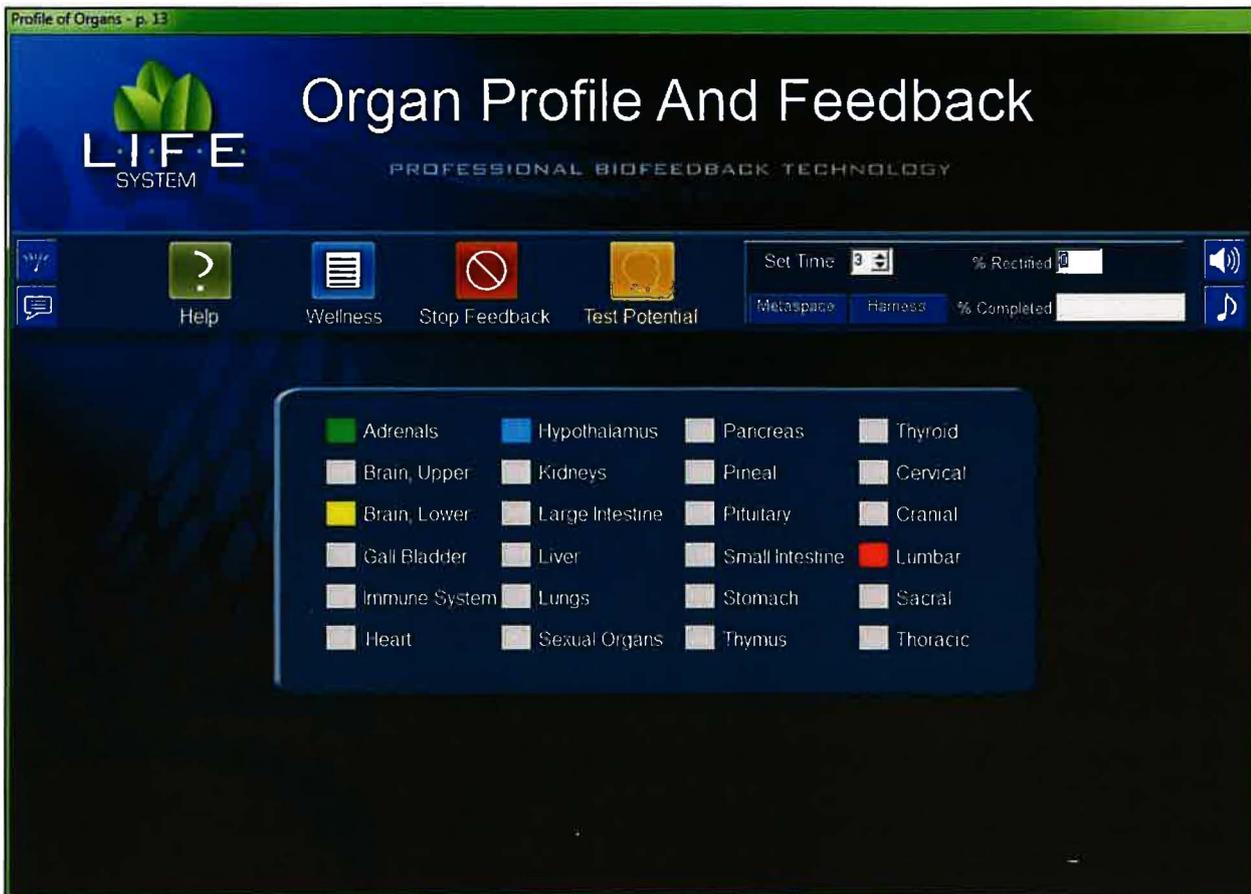
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the

"Close" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program. Now, let's return to the Wellness Information screen to make another program selection. Go to the tool bar, click on the "Wellness" icon and you will be re-directed back to the Wellness Information page.



## Rife-like Auto Assess & Feedback

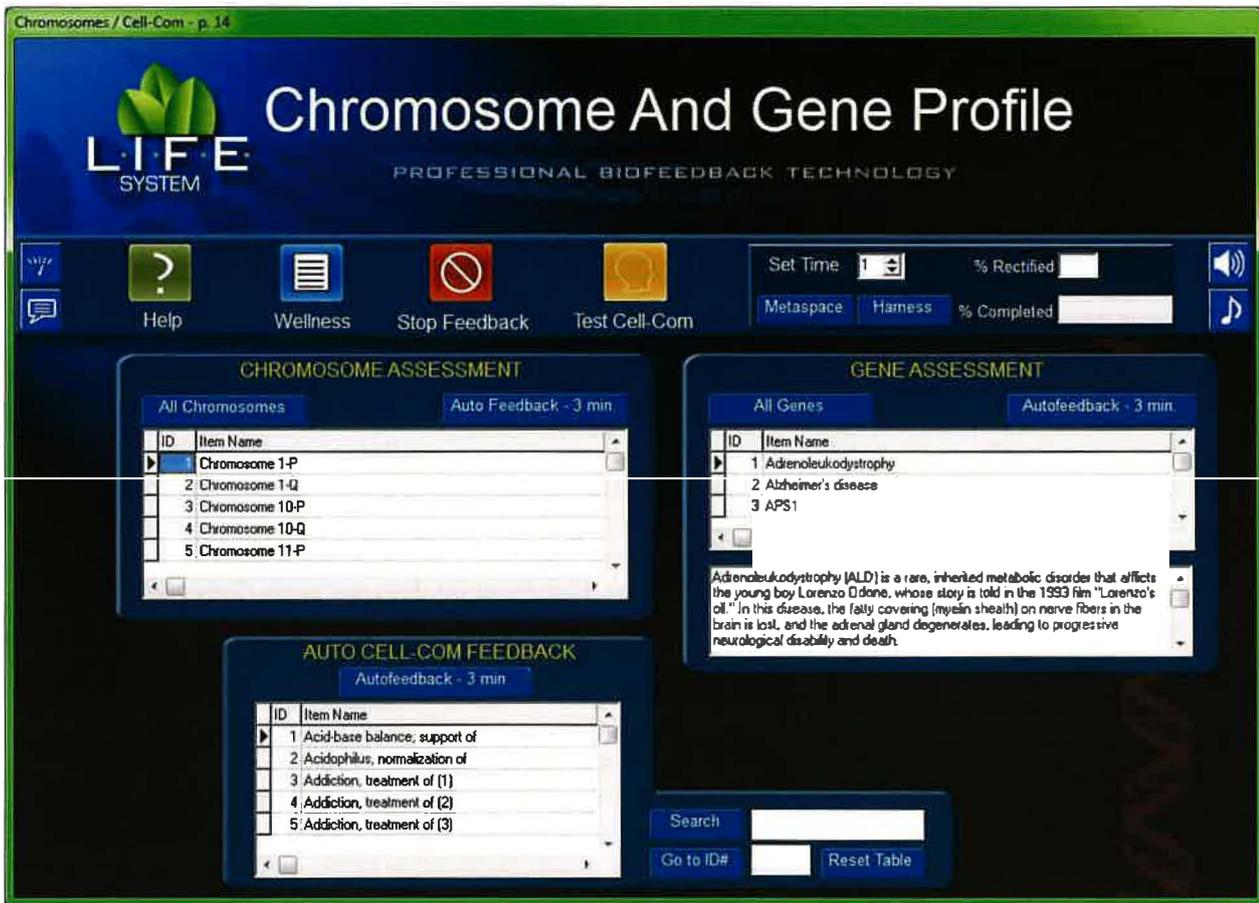
This panel provides auto-assessment and feedback for twenty-four major organs. Click on the Test Potential button to begin the energetic evaluation process. The three organs demonstrating the highest reactivity values will be highlighted in red, yellow and blue respectively. To initiate feedback, set the timer, (or use the 3-minute default) then click either the Metaspace or Harness button and the feedback process will start. You may also select any individual item in the panel for feedback by highlighting it, setting the timer to the desired duration, then selecting either Harness or Metaspace to start.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A % Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.



## Chromosome, Gene & Cell-Com Profile

This panel combines a number of features, including Chromosome and Gene feedback, as well as the use of the Cell-Com program.

There are two options for Chromosome feedback. First, you may select the All Chromosomes Auto Feedback 3-minute button, and the program will initiate a 3-Minute feedback process, which will apply feedback to ALL chromosomes in the list. Or, select any individual Chromosome by scrolling through the table, highlighting an item in the list, setting the timer, then clicking on either the Metaspace or the Harness button.

There are also two options for Gene feedback. First, you may select the All Genes Auto Feedback 3-minute button, and the program will initiate a 3-Minute feedback process, which will apply feedback to ALL Genes in the list. Or, select any individual Gene by scrolling through the table, highlighting an item in the list, setting the timer, then clicking on either the Metaspace or the Harness button.

By clicking the gold Test Cell-Com button on the tool bar the program will begin a reactivity assessment process. Upon completion of the assessment process, three color values, red, yellow and blue, will be displayed denoting those items demonstrating the

highest reactivity values. To initiate the feedback process to the top three items, set the timer to the desired length, click either the red Metaspace or Harness button to start, and the program will automatically divide the time allotted, and apply feedback to each of the three items in succession.

As with all previous programs, you may use the Stop Feedback button at any time.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

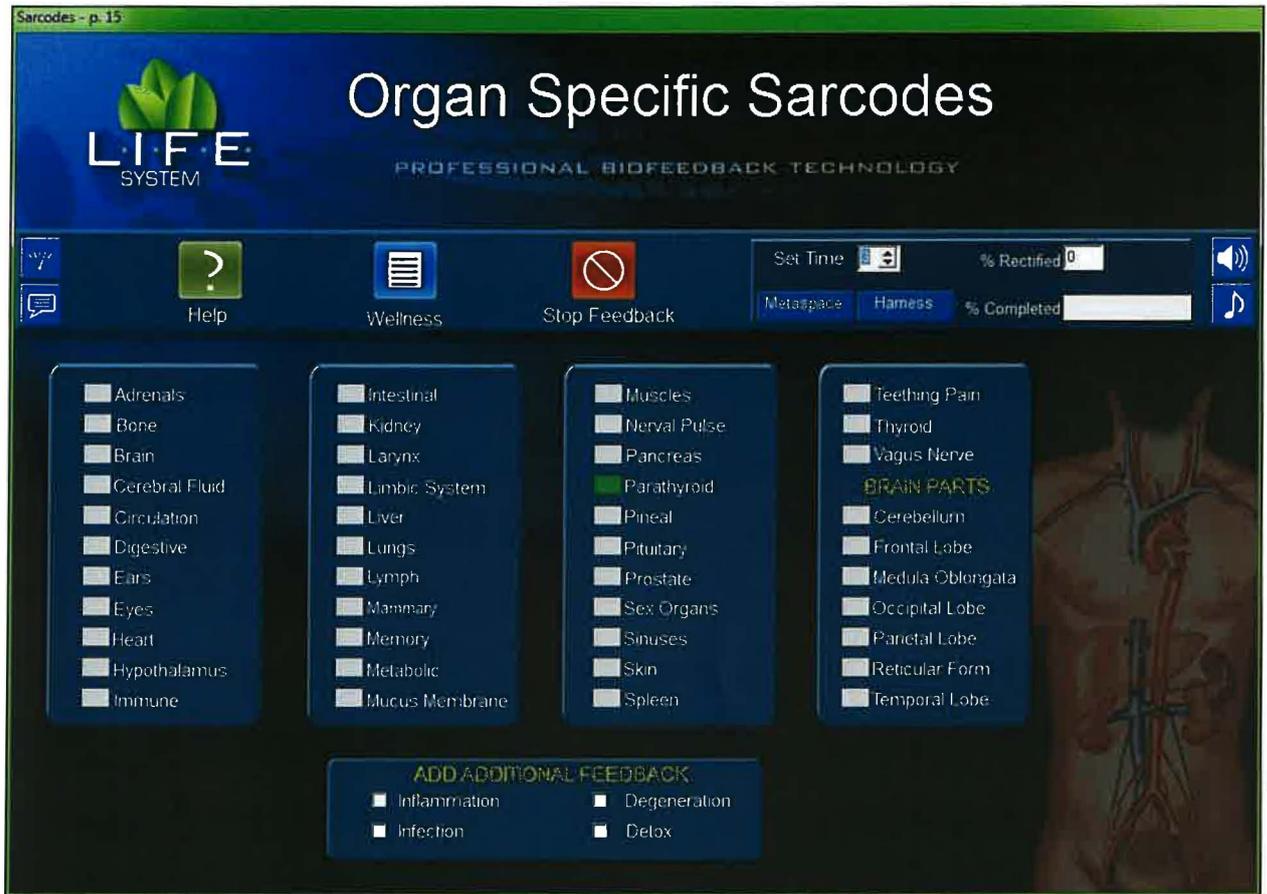
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent

"soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

When finished, click the Wellness button to return to the Wellness Information page to make another program selection.



## Organ Specific Sarcodes

Now, we will begin our review of the Organ Specific Sarcodes screen. This panel provides feedback options for 43 different organs. They have been prepared using the Homeopathic signature of each organ represented in the matrix.

Click the button next to the organ or function you wish to address in any one of the four blue panels. You may select and balance **ONLY ONE ORGAN AT A TIME**. However, you may check as many Add Additional Feedback items as you wish. Remember, that **EACH** of the items you select in the Add Additional Feedback list will add an additional 15 seconds to the feedback process. They are located in the blue box at the bottom center portion of the panel.

To begin the feedback process, set the desired time, or use the 3-minute default setting. Then click on either Harnesses or Metaspace to initiate the process. Click the Stop Feedback button, at any time, to discontinue feedback.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

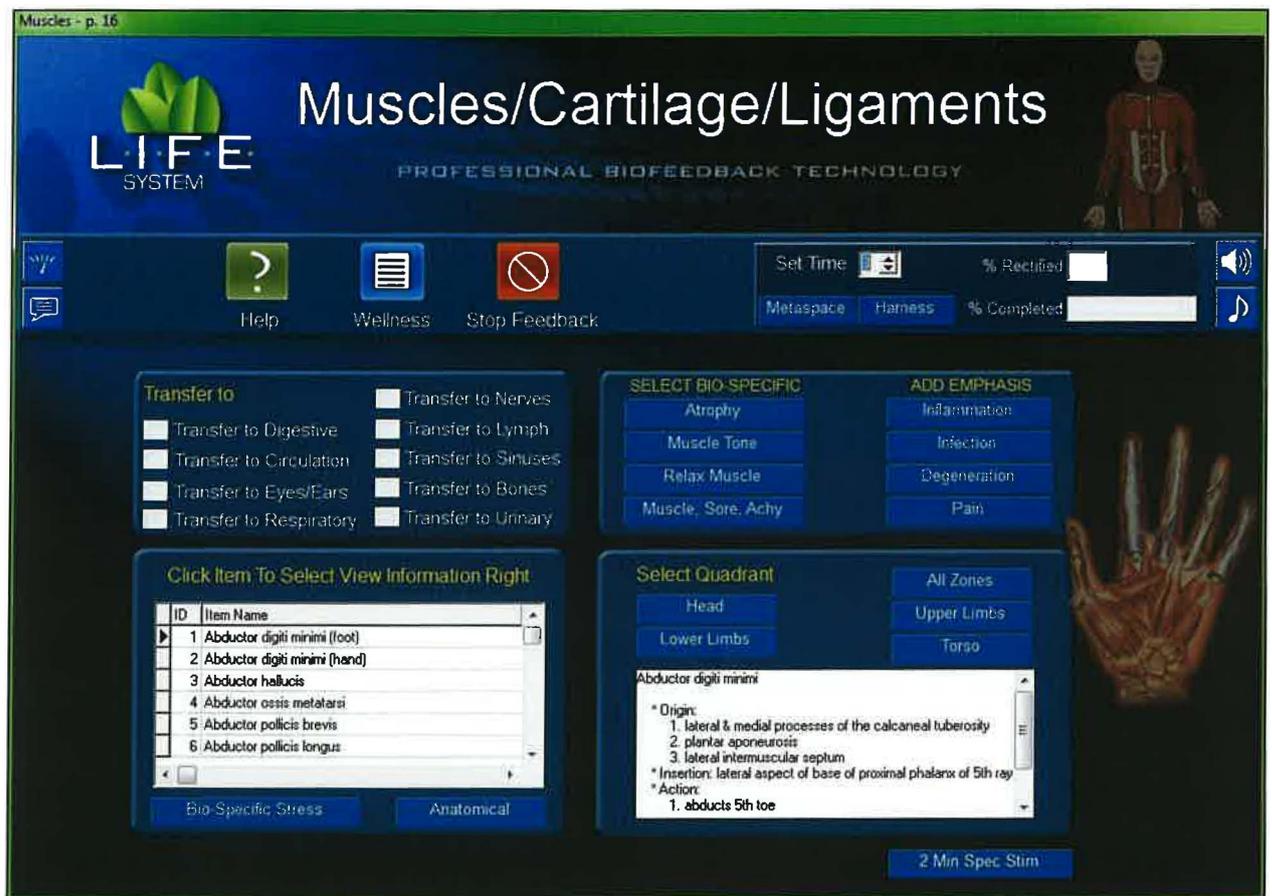
When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

Now, let's return to the Wellness Information screen to make another choice.



## Muscles, Cartilage & Ligaments

The functions associated with this page are similar to nine other panels that include the Circulatory, Respiratory, Digestive, Sinuses, Nerves, Lymph, Ears & Eyes, Dental and Bone Profiles.

Two features are located in the rectangular panel at the right middle of the screen. The left portion of the panel contains four of the *most commonly occurring* Bio-Specific conditions associated with Muscles, Cartilage & Ligaments. You may click on only ONE of the items under Select Bio Specific. The right portion of the same rectangular panel contains items that Add Emphasis to the feedback and balancing process. You may check one or all four items for emphasis. To begin balancing, set your timer for the appropriate duration, or use the 3-Minute default, and then click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button.

At the lower left corner of the Muscles, Cartilage & Ligaments Profile is a rectangular graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the red Bio-Specific Stress button to find an expanded list of items that are specific to the Muscles, Cartilage & Ligaments Profile. Click the red Anatomical button to switch to an expanded list of anatomical parts associated with the Muscles, Cartilage & Ligaments

Profile. You may apply feedback to any item you select, in either of the lists, by highlighting the item, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspacer or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical List, an educational description of that item appears in the text box directly to the right.

At the lower right of this panel, you see an additional feature called Select Quadrant. By clicking one of the five specific quadrant buttons, you will be able to supply feedback to the combined anatomical components relative to the particular area or zone of the body you choose. After making your selection, set your timer to the desired duration and click either Metaspacer or Harness to start. You may stop feedback at any time by clicking the Stop Feedback button.

You will also notice a 2 minute special stim button located at the lower center portion of the window. Clicking this button will open a video graphic, and administer an automated 2 minute general feedback to the Muscles, Cartilage and Ligaments system. Click the close button on the graphic to return to the main screen.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspacer or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

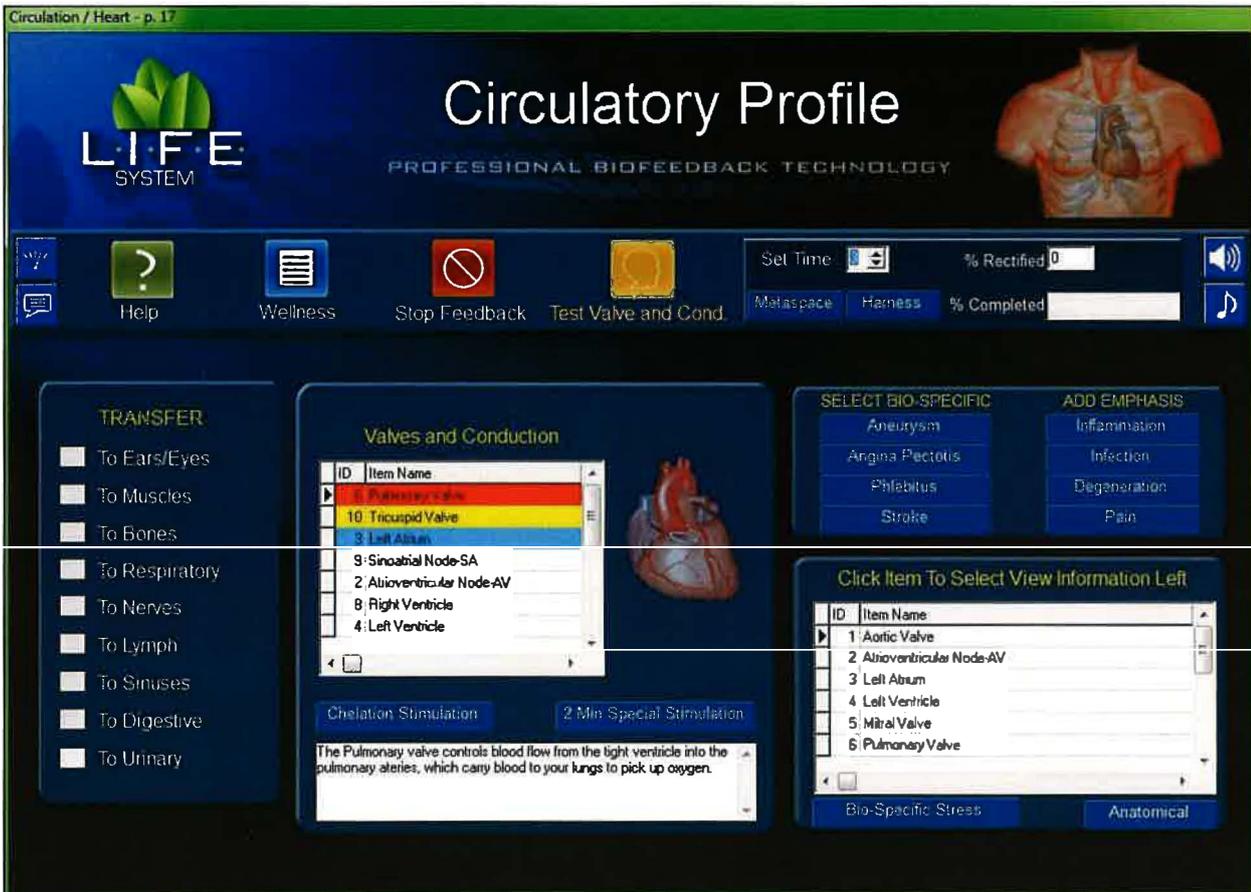
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computer's speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In addition to the features already mentioned, you will see that eight transfer buttons are located at the upper left central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning to the Wellness Information page.

However, to continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Circulatory & Heart Profile

The functions associated with this page are similar to nine other panels that include Muscles, Cartilage & Ligaments, Respiratory, Digestive, Sinuses, Nerves, Lymph, Ears & Eyes, Dental and Bone Profiles.

There are two features located in the rectangular panel at the middle right portion of the screen. These contain several of the *most commonly occurring* Bio-Specific conditions associated with the Circulatory Profile. Choose ONE of the four items under the heading "Select Bio Specific" by clicking the small red square next to your desired selection. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE, OR ALL of the four items. To begin feedback, set the timer to the desired duration, or use the 3-minute default, and click on either the Metaspace or Harness button to start. Remember you may stop feedback at anytime by clicking the Stop Feedback button. Please note: Each "Add Emphasis" item that you selected will add 15 seconds to the feedback time that you choose as your "Bio-Specific" choice.

At the lower right portion of the Circulatory & Heart Profile panel is a rectangular graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the

red Bio-Specific Stress button to open an expanded list of conditions that are specific to the Circulatory & Heart Profile. Click the red Anatomical button to switch to an expanded list of anatomical parts associated with the Circulatory & Heart Profile. You may apply feedback to any item you select, in either of the lists, by highlighting an item of your choice, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or anatomical list, an educational description of that item appears in the text box directly above.

In the central portion of this panel, you will see an additional feature called Valves & Conduction. Click the Gold Test Potential button on the tool bar to initiate a reactivity test that will provide a status assessment, showing the top three items highlighted in red, yellow, and blue. To initiate the feedback process to the top three items, set the timer to the desired length and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. Or, you may choose to apply feedback to a single item by highlighting the chosen valve, setting the timer, (or use the 3-minute default), and clicking on the Metaspace or Harness button to start the procedure. You may stop feedback at anytime by clicking the Stop Feedback button.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

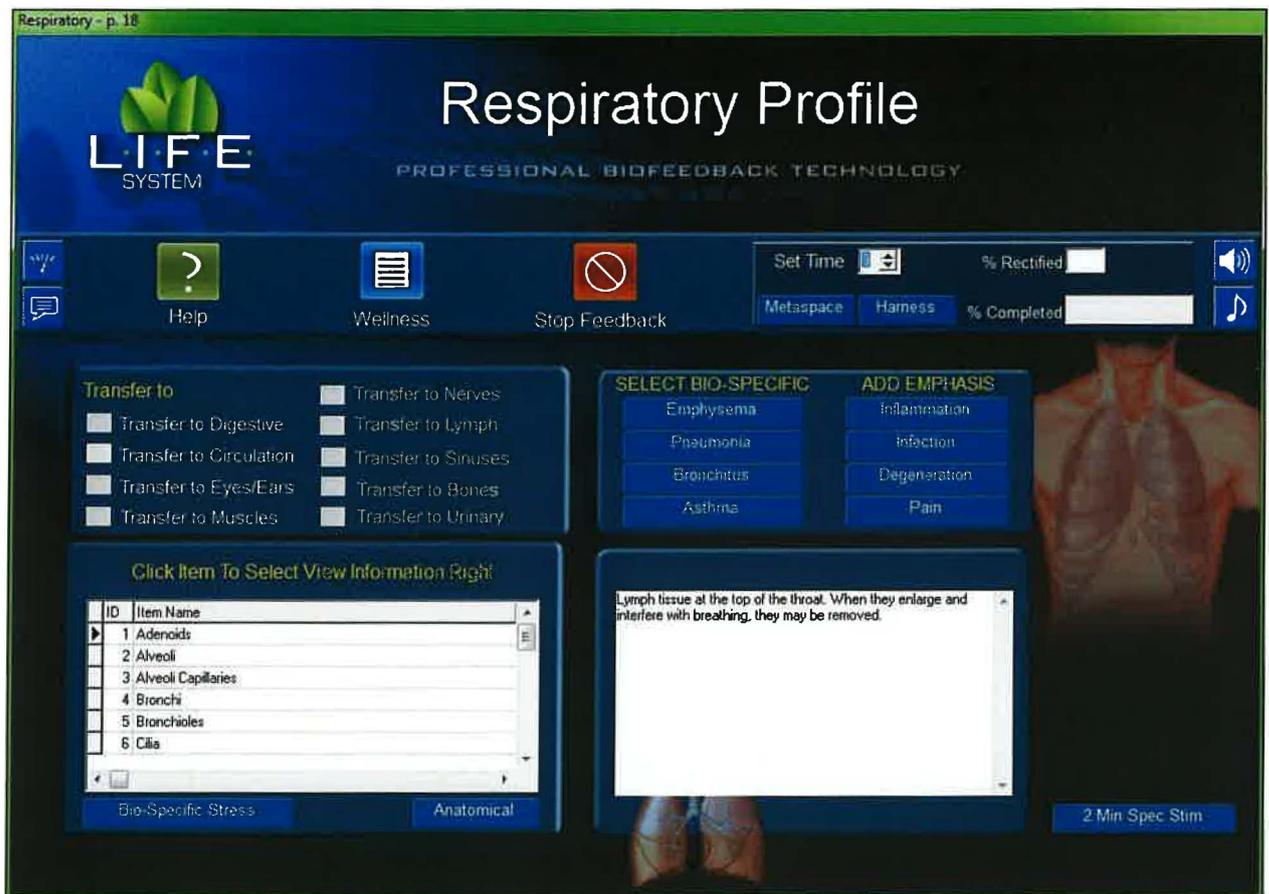
When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computer's speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspaces button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In addition to features already mentioned, you will see that eight transfer buttons are located at the left central portion of the screen. Clicking any one of the Transfer buttons enables quick access to a different panel without the necessity of returning to the Wellness Information page.

However, to continue our tutorial, we will now return to the Wellness Information Screen.



## Respiratory Profile

Now, let's review the Respiratory Profile panel. The functions associated with this page are similar to nine other panels that include Muscles, Cartilage & Ligaments, Digestive, Circulatory, Sinuses, Nerves, Lymph, Ears & Eyes, Dental and Bone Profiles.

Two features are located in the rectangular panel at the center right of the screen. The left portion of the panel contains four of the *most commonly occurring* Bio-Specific conditions associated with the Respiratory Profile. You may select only ONE of the items, at a time, listed under Select Bio Specific. The right portion of the rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE OR ALL items for emphasis. Remember, that EACH of the items you select in the Add Emphasis list will add an additional 15 seconds to the feedback process. To begin balancing, select the time or use the 3-minute default, and click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button. At the lower left corner of the Respiratory Profile is a graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to find an expanded list of conditions that are specific to the Respiratory Profile. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the Respiratory Profile. You may apply feedback to any item you select, in either of the lists by highlighting the item desired, setting the timer to the desired

length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical list, an educational description of that item appears in the text box directly to the right.

You will also notice a 2 minute special stim button located at the lower right portion of the window. Clicking this button will open a video graphic, and administer an automated 2 minute general feedback to the respiratory system. When complete, click the close button on the graphic to return to the main screen.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

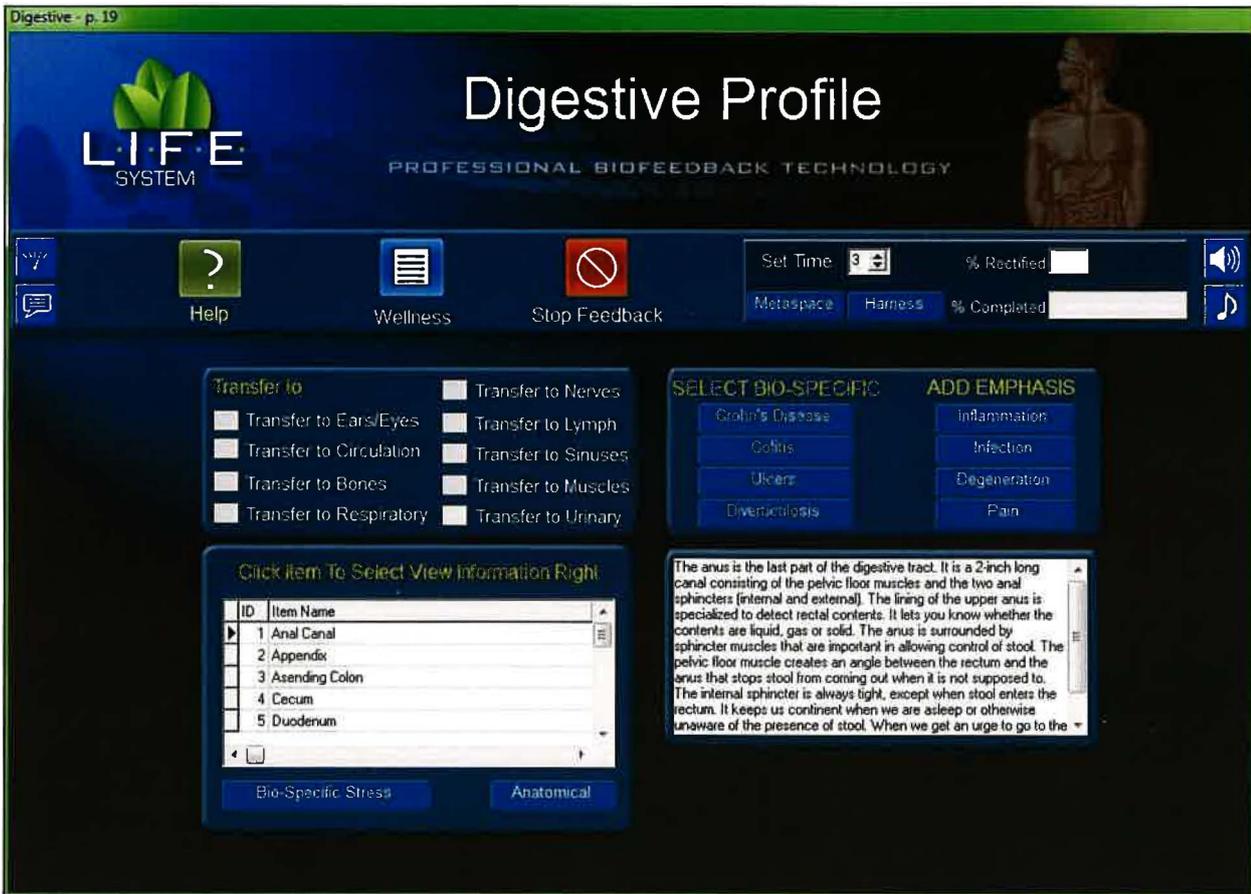
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter

appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In addition to features mentioned, you will see that eight transfer buttons are located in the upper left central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning the Wellness Information panel. However, in order to continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Digestive Profile

The functions associated with this page are similar to nine other panels, throughout the program, that include Muscles, Cartilage & Ligaments, Circulatory, Respiratory, Sinuses, Nerves, Lymph, Ears & Eyes, Dental and Bone Profiles.

There are two features located in the rectangular panel at the middle right portion of the screen. These contain several of the *most commonly occurring* Bio-Specific conditions associated with the Digestive Profile. Choose ONE of the four items under the heading "Select Bio Specific" by clicking the small red square next to your desired selection. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE, OR ALL of the four items. To begin feedback, set the timer to the desired duration, or use the 3-minute default, and click on either the Metaspace or Harness button to start. Remember you may stop feedback at anytime by clicking the Stop Feedback button. Please note: Each "Add Emphasis" item that you selected will add 15 seconds to the feedback time that you choose as your "Bio-Specific" choice.

In the lower left corner of the Digestive Profile is a graphic that contains a scrollable list of Bio-Specific Stress and Anatomical items. Click the red Bio-Specific Stress button to find an expanded list of conditions that are specific to the Digestive Profile. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the

Digestive Profile. You may apply feedback to any item you select, in either of the lists by highlighting the item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical list, an educational description of that item appears in the text box directly to the right.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

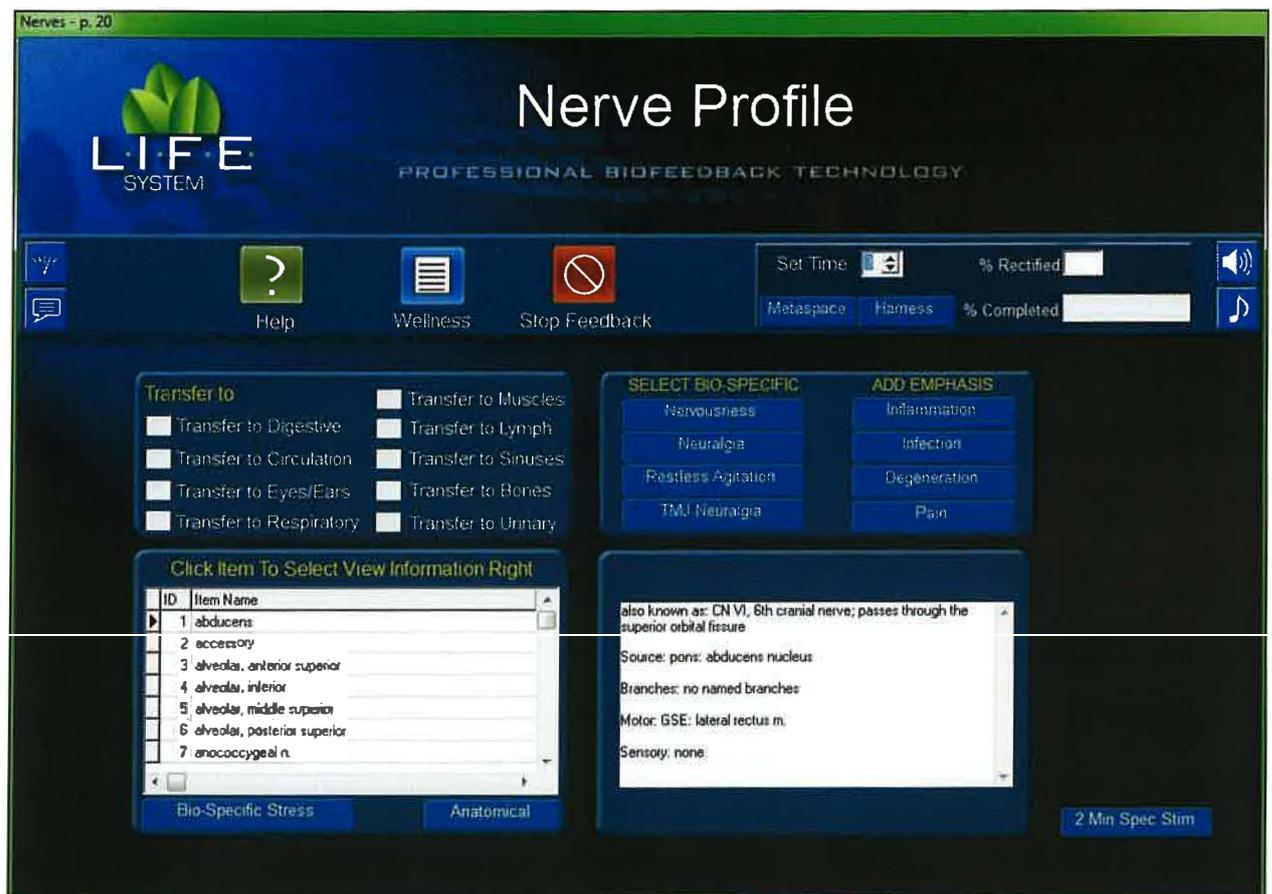
Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent

"soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **till receiving viable feedback information.** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

In addition to features already mentioned, you will see that eight transfer buttons are located at the upper central portion of the screen. Clicking a Transfer\_button enables quick access to a different panel without the necessity of returning to the Wellness Information screen.

However, to continue our tutorial, we will now return to the Wellness Information Screen.



## Nerve Profile

The functions associated with this page are similar to nine other panels that include Muscles, Cartilage & Ligaments, Respiratory, Circulatory, Digestive, Sinuses, Lymph, Ears & Eyes, Dental and Bone Profiles.

Two features are located in the rectangular panel at the middle right of the screen. The left portion of the panel contains four of the *most commonly occurring* Bio-Specific conditions associated with the Nerve Profile. You may click on only ONE of the items listed under Select Bio Specific. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select one or all of these items for emphasis. To begin feedback, set your timer, or use the 3-minute default, then click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button.

At the lower left corner of the Nerve Profile is an graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to find an expanded list of conditions that are specific to the Nerve Profile. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the Nerve Profile. You may apply feedback to any item you select, in either of the lists, by highlighting the item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to

enable the feedback process. You may stop feedback at anytime by clicking the Stop Feedback button. Upon choosing any item in the Bio-Specific Stress or Anatomical List, an educational description of that item appears in the text box directly to the right.

You will also notice a 2 minute special stim button located at the lower center portion of the window. Clicking this button will open a video graphic, and administer an automated 2 minute general feedback to the Nervous System. Click the close button on the graphic to return to the main screen.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and

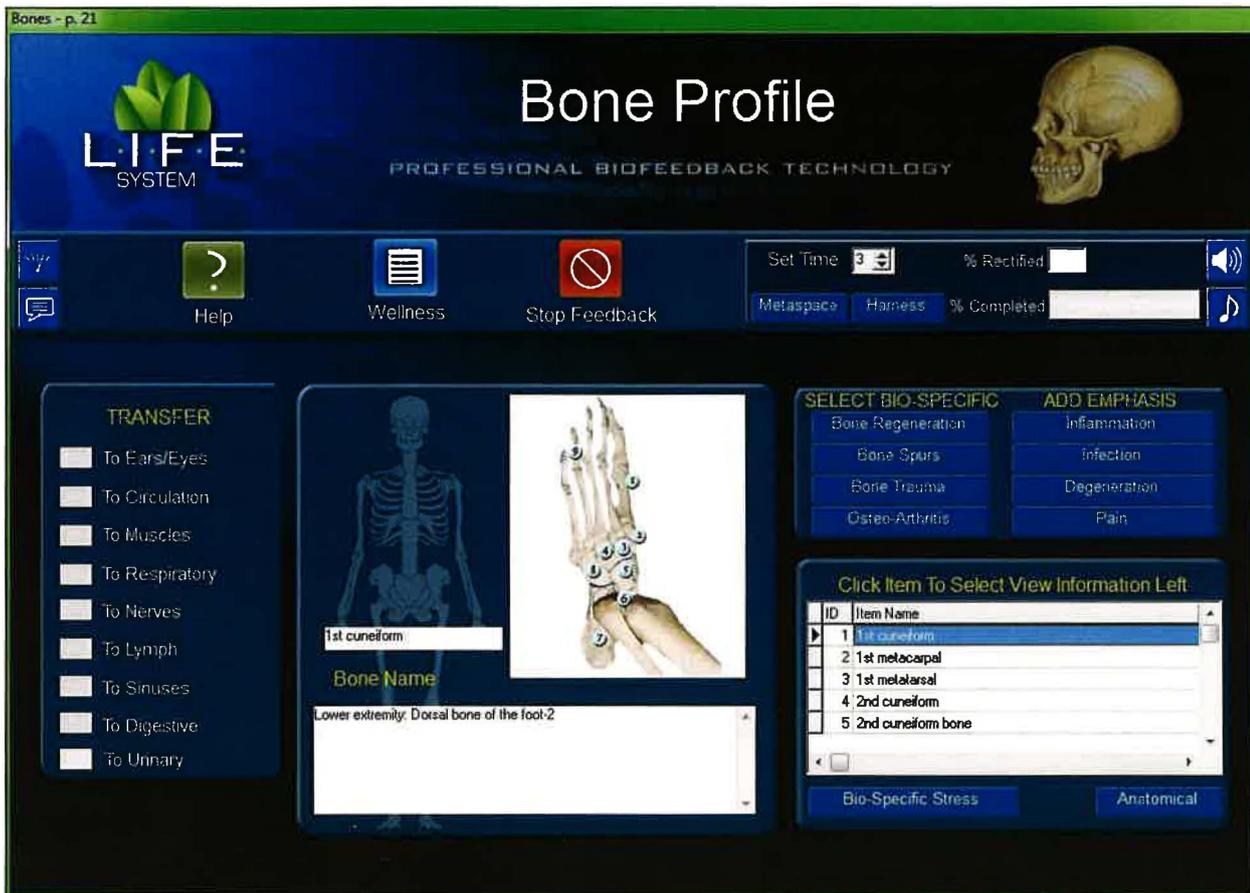
clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In addition to features mentioned, you will see that eight transfer buttons are located in the upper left central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning to the Wellness Information screen.

However, in order to continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Bone Profile

The functions associated with this page are similar to nine other panels that include the Muscles, Cartilage & Ligaments, the Circulatory, Respiratory, Digestive, Nerve, Sinus, Lymph, Dental and Ears & Eyes Profiles.

There are two features located in the rectangular panel at the middle right portion of the screen. These contain several of the *most commonly occurring* Bio-Specific conditions associated with the Bone Profile. Choose ONE of the four items under the heading "Select Bio Specific" by clicking the small red square next to your desired selection. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE, OR ALL of the four items. To begin feedback, set the timer to the desired duration, or use the 3-minute default, and click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button. Please note: Each "Add Emphasis" item that you selected will add 15 seconds to the feedback time that you selected for your "Bio-Specific" choice.

In the lower right corner of the Bone Profile window is a graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to find an expanded list of conditions that are specific to the Bone Profile. Click the

Anatomical button to switch to an expanded list of anatomical parts associated with the Bone Profile. You may apply feedback to any item you select, in either of the lists, by highlighting the item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical list, an educational description of that item appears in the text box directly to the left.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

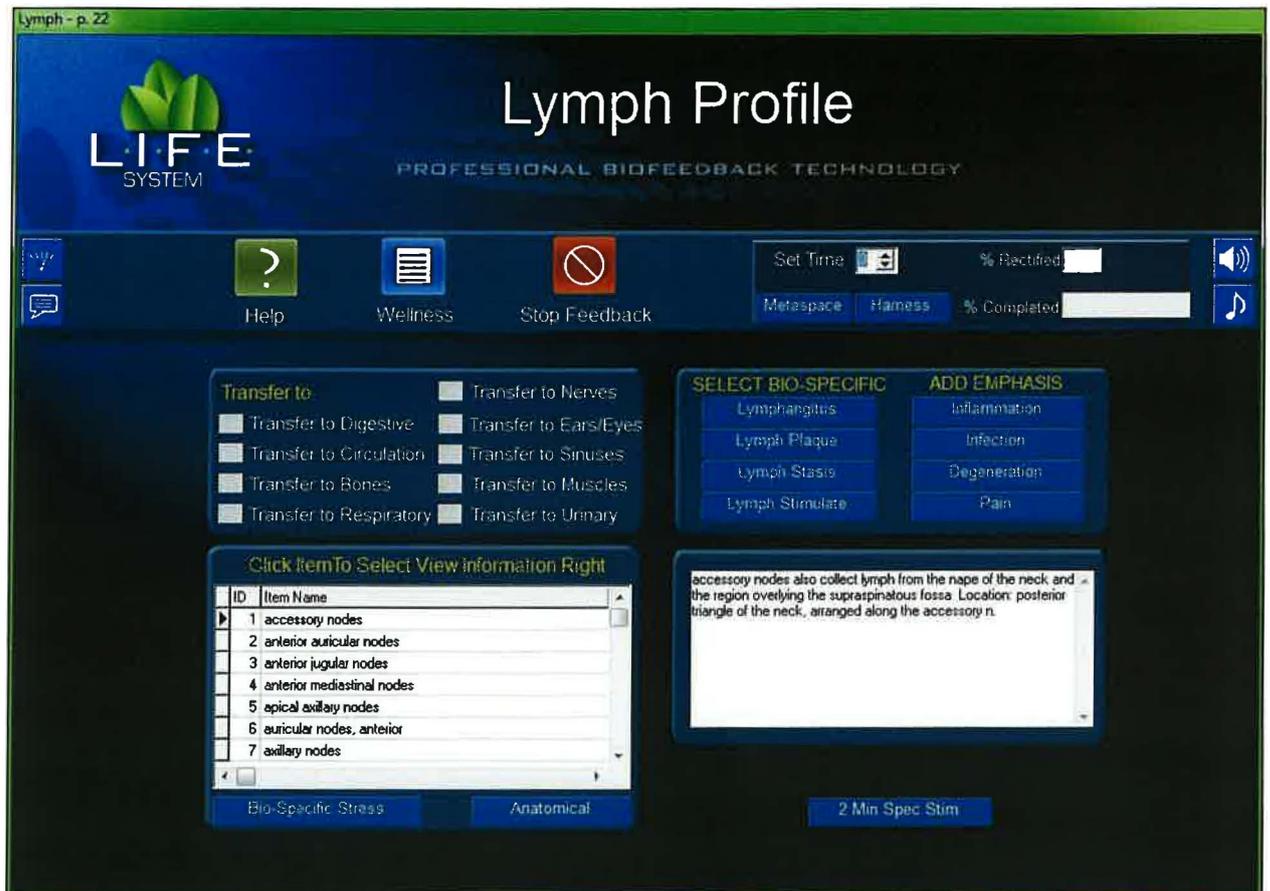
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an

indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **still receiving viable feedback information.** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timer's progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program. In addition to features already mentioned, you will see that eight transfer buttons are located in the left, central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning to the Wellness page.

However, we will now click on the Wellness icon on the tool bar to return to the Wellness Information page in order to make another selection.



## Lymph Profile

The functions associated with this page are similar to nine other panels that include Muscles, Cartilage & Ligaments, the Circulatory, Respiratory, Digestive, Nerve, Bone, Sinus, Dental and Ears & Eyes Profiles.

The right center portion of the panel contains four of the *most commonly occurring* Bio-Specific conditions associated with the Lymph Profile. You may click on only ONE of the four items listed under Select Bio-Specific. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select one or all of these items for emphasis. To begin feedback, set the timer to the desired duration or use the 3-minute default, and click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button.

At the lower left corner of the Lymph Profile screen is a graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to find an expanded list of conditions that are specific to the Lymph System. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the Lymph Profile. You may apply feedback to any item you select, in either of the lists by highlighting the item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or

Anatomical list, an educational description of that item appears in the text box directly to the right.

You will also notice a 2 minute special stim button located at the lower center portion of the window. Clicking this button will open a video graphic, and administer an automated 2 minute general feedback to the lymph system. Click the close button on the graphic to return to the main screen.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

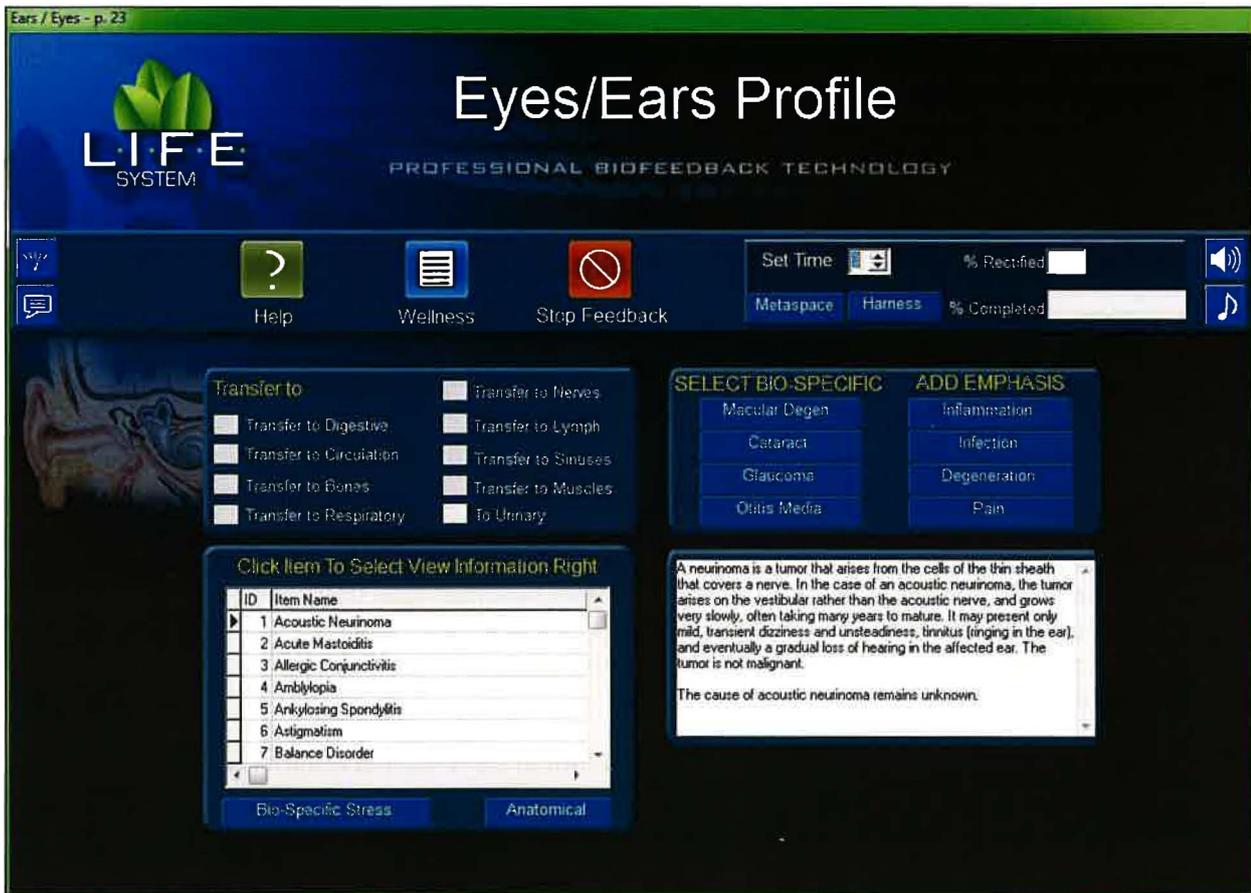
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the **"Play During Feedback"** option at the top right of the screen is selected. Once your music selection is made, click the **"Close"** button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information.*** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In addition to the features already mentioned, you will see that eight transfer buttons are located in the upper left central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning to the Wellness Information page.

However, to continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Ears & Eyes Profile

The functions associated with this page are similar to ten other panels that include Muscles, Cartilage & Ligaments, Circulatory, Respiratory, Digestive, Nerve, Bone, Lymph, Dental, Urinary and Sinus Profiles.

There are two features located in the rectangular panel at the middle right portion of the screen. These contain several of the *most commonly occurring* Bio-Specific conditions associated with the Ears & Eyes. Choose ONE of the four items under the heading "Select Bio Specific" by clicking the small red square next to your desired selection. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE, OR ALL of the four items. To begin feedback, set the timer to the desired duration, or use the 3-minute default, and click on either the Metaspace or Harness button to start. Remember you may stop feedback at anytime by clicking the Stop Feedback button. Please note: Each "Add Emphasis" item that you selected will add 15 seconds to the feedback time that you choose as your "Bio-Specific" choice.

In the lower left corner of the Ears & Eyes Profile is a graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to find an

expanded list of conditions that are specific to the Ears & Eyes Profile. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the Ears & Eyes Profile. You may apply feedback to any item you select, in either of the lists by highlighting the item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspaces or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical list, an educational description of that item appears in the text box directly to the right.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspaces or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspaces button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

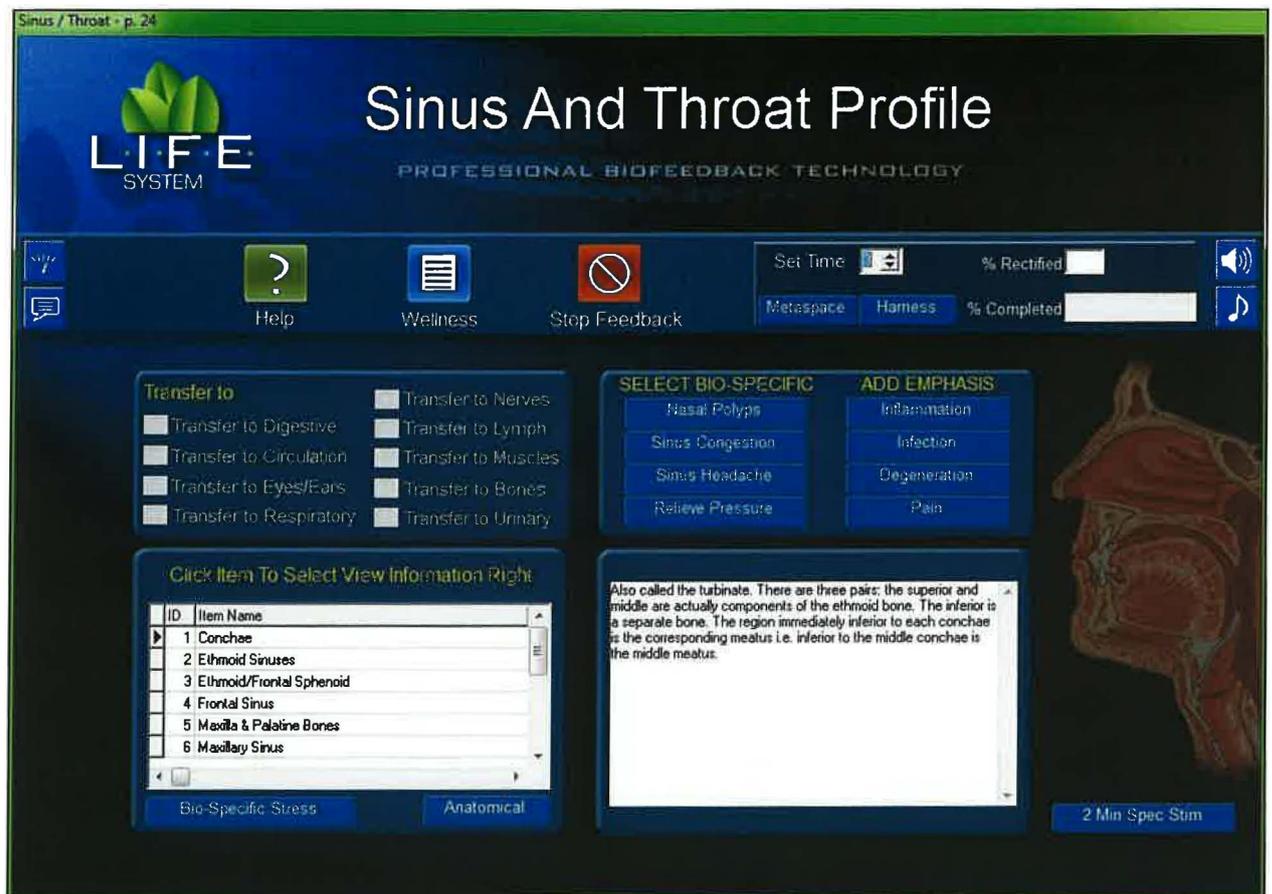
Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an

indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **still receiving viable feedback information.** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

In addition to features already mentioned, you will see that eight transfer buttons are located in the upper left central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning to the Wellness Information screen.

However, to continue with our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Sinus, Throat & Mouth Profile

Many of these functions are similar to nine other panels that include Muscles, Cartilage & Ligaments, the Circulatory, Respiratory, Digestive, Nerve, Bone, Lymph, Dental and Ears & Eyes Profiles.

Two features are located in the rectangular panel at the center right portion of the screen. The left portion of the panel contains four of the *most commonly occurring* Bio-Specific conditions associated with the Respiratory Profile. You may select only ONE of the items, at a time, listed under Select Bio Specific. The right portion of the rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE OR ALL items for emphasis. Remember, that EACH of the items you select in the Add Emphasis list will add an additional 15 seconds to the feedback process. To begin balancing, select the time or use the 3-minute default, and click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button.

In the lower left corner of the Sinus Profile is a graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to find an expanded list of conditions that are specific to the Sinus Profile. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the Sinus Profile. You may apply feedback to any item you select, in either of the lists by highlighting the

item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical list, an educational description of that item appears in the text box directly to the right.

You will also notice a 2 minute special stim button located at the lower right portion of the window. Clicking this button will open a video graphic, and administer an automated 2 minute general feedback to the Sinus & Throat system. When complete, click the close button on the graphic to return to the main screen.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

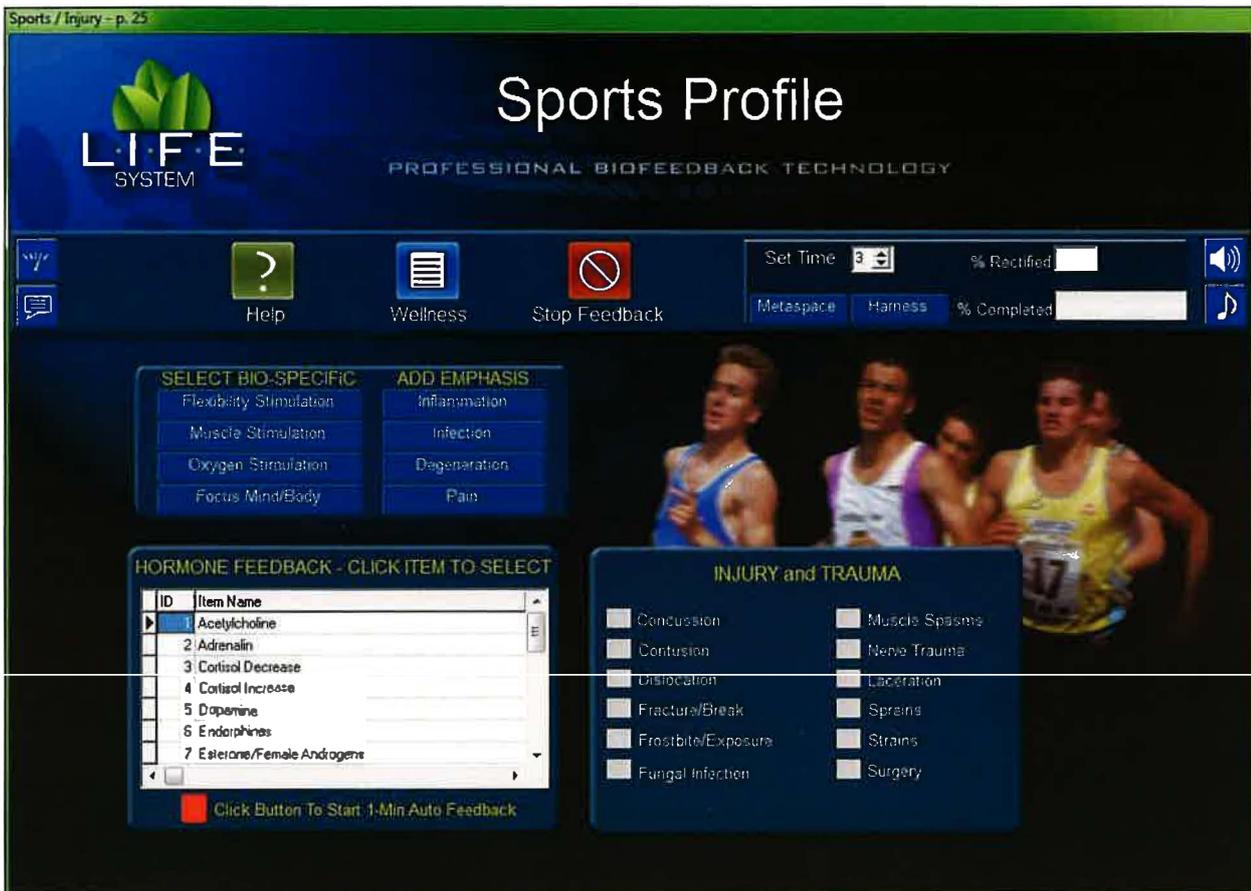
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter

appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is *still receiving viable feedback information*. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In addition to features mentioned, you will see that eight transfer buttons are located in the upper left central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning the Wellness Information screen. However, we will now return to the Wellness Information screen to make another choice.



## Sport Profile-Injury & Trauma

The Sport Profile contains several blue rectangular boxes.

The rectangular panel at the middle left of the screen contains two features associated with the Sport Profile. The left portion contains four of the *most commonly occurring* Bio-Specific conditions associated with the Sport Profile. You may select and balance any ONE of these items at a time. The right portion of the rectangular panel contains four Add Emphasis items, any or all of which may be selected. Set your timer to the desired length, or use the 3-minute default, and click either the Metaspace or Harness button to start. You may stop feedback at any time by clicking the Stop Feedback button.

In the lower left corner of this screen is a rectangular graphic that contains a list of Sport Related Hormones. You may select, and apply feedback to any item in the list by highlighting and clicking on that item. Then, set your timer to the desired length, or use the 3 minute default, and click either Harness or Metaspace to initiate feedback. By clicking the red button at the bottom of the same list you will initiate an automatic 1-minute feedback procedure. You may stop feedback at any time by clicking the Stop Feedback button.

In addition, the Injury & Trauma program contains 12 features located at the lower right portion of the screen. You may select **ONLY ONE** feature at a time. You may also use the Add Emphasis boxes with this feature, as previously described above. Set the timer or use the 3-minute default and click either the Metaspace or Harness button to start. You may stop feedback at any time by clicking the Stop Feedback button.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

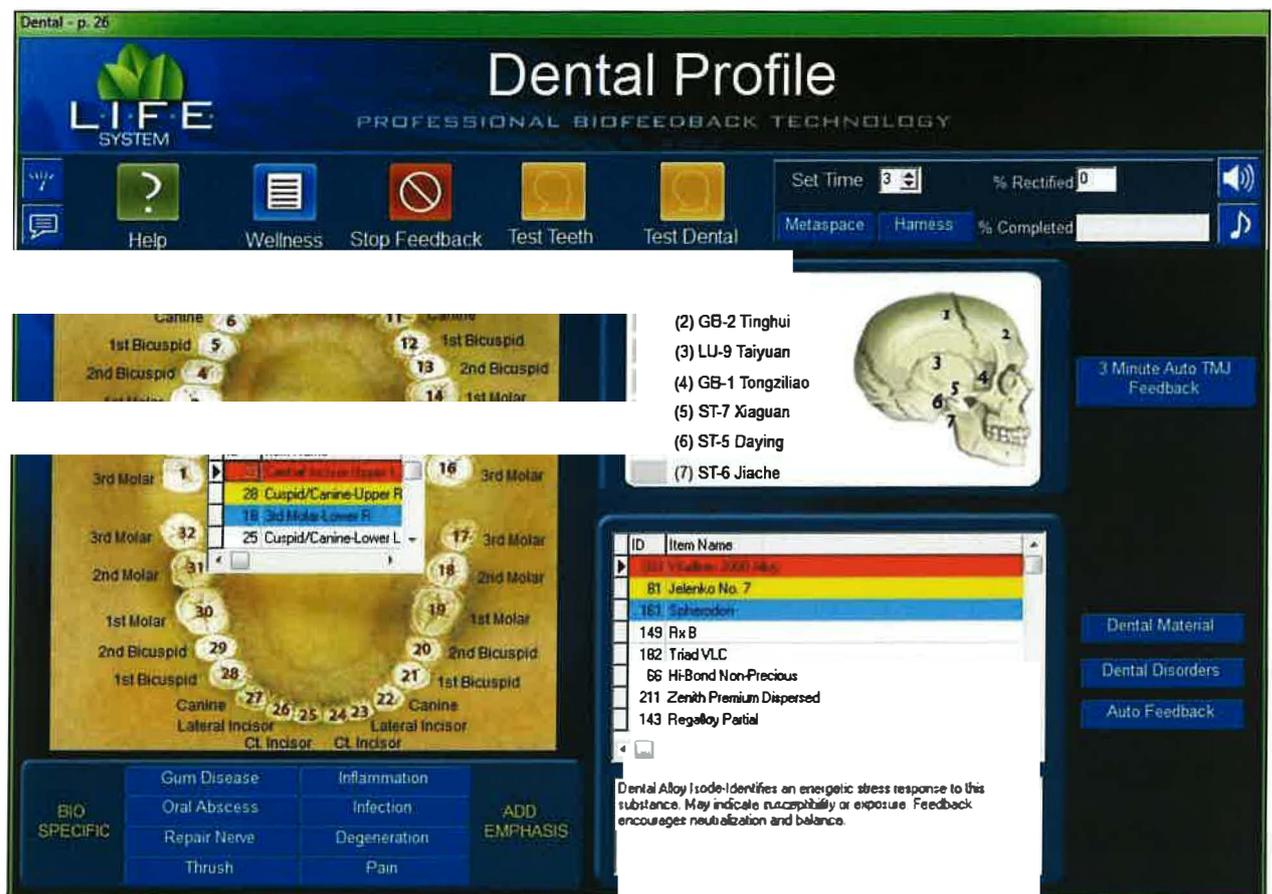
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent

"soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

Now, let's return to the Wellness Information panel to continue our tutorial, by clicking the Wellness button located on the tool bar.



## Dental Profile

The Dental Profile contains four features that may be completed in any order you choose.

Let's start with Dental Materials. At the lower right of the screen is a window containing a list of both Dental Adhesives, and Filling Materials, as well as a list of Bio-Specific conditions. You may alternate your view of these lists by clicking on either of the buttons entitled Dental Materials or Dental Disorders.

To perform a reactivity test related to the Dental Materials, first click the Dental Materials button, then the Gold Test Dental button on the tool bar at the top of your screen. The *three highest reactivity values* will be displayed with their numeric values highlighted in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the red Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. To apply feedback to ONE ITEM AT A TIME, highlight a single item, and then select the Auto Feedback button, to the right of the list, to perform an automatic 1-minute, quick feedback procedure. For a longer feedback procedure, select the desired length of time, on the timer (or leave the 3-

minute default setting), and then click either the Harness or Metaspace button to initiate feedback. To stop feedback, click on the Stop Feedback button.

To perform a reactivity test related to stress potentials associated with a dental disorder, first click the Dental Disorders button next to the list at the lower right of the screen, then click the Gold Test Dental button on the tool bar. The *three highest reactivity values* will be displayed with their numeric values highlighted in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. To apply feedback to ONE ITEM AT A TIME, highlight a single item, and then select the Auto Feedback button, to the right of the list, to perform an automatic 1-minute, quick feedback procedure. For a longer feedback procedure, select the desired length of time, on the timer (or leave the 3-minute default setting), and then click either the Harness or Metaspace button to initiate feedback. To stop feedback, click on the Stop Feedback button.

The rectangular panel at the lower left portion of the screen contains two more features associated with the Dental Profile program. This panel contains several of the *most commonly occurring* Bio-Specific conditions associated with the Dental Profile. Choose ONE of the four items under the heading "Select Bio Specific" by clicking the small red square next to your desired selection. The right portion of the same rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select ONE, OR ALL of the four items. To begin feedback, set the timer to the desired duration, or use the 3-minute default, and click on either the Metaspace or Harness button to start. Remember you may stop feedback at anytime by clicking the Stop Feedback button. Please note: Each "Add Emphasis" item that you selected will add 15 seconds to the feedback time that you choose as your "Bio-Specific" choice.

Let's now focus on the TMJ Profile. The upper right corner of the window provides a panel containing seven acupuncture points, specifically related to the stress associated with TMJ. To apply feedback, click the 3-min Auto TMJ Feedback, located to the right of the panel. Additionally, you may also select one or all of the 4 items in the Add Emphasis box located at the lower left portion of the screen. To stop feedback, click on the Stop Feedback button.

Last but not least, let's look at the "Tooth Profile" panel. In the middle left of the screen is a graphic of the mouth that facilitates an energetic reactivity test relative to each tooth. Click the gold "Test Teeth" button on the tool bar to activate the testing process. The highest reactivity values will be displayed with their numerical values and highlighted in red, yellow and blue respectively. To apply feedback, select the desired length of time (or leave the 3-minute default setting), and then click either the Harness or Metaspace button. The program will automatically divide the time allotted and apply feedback to each of the three items in succession. To stop feedback, click on the Stop Feedback button.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

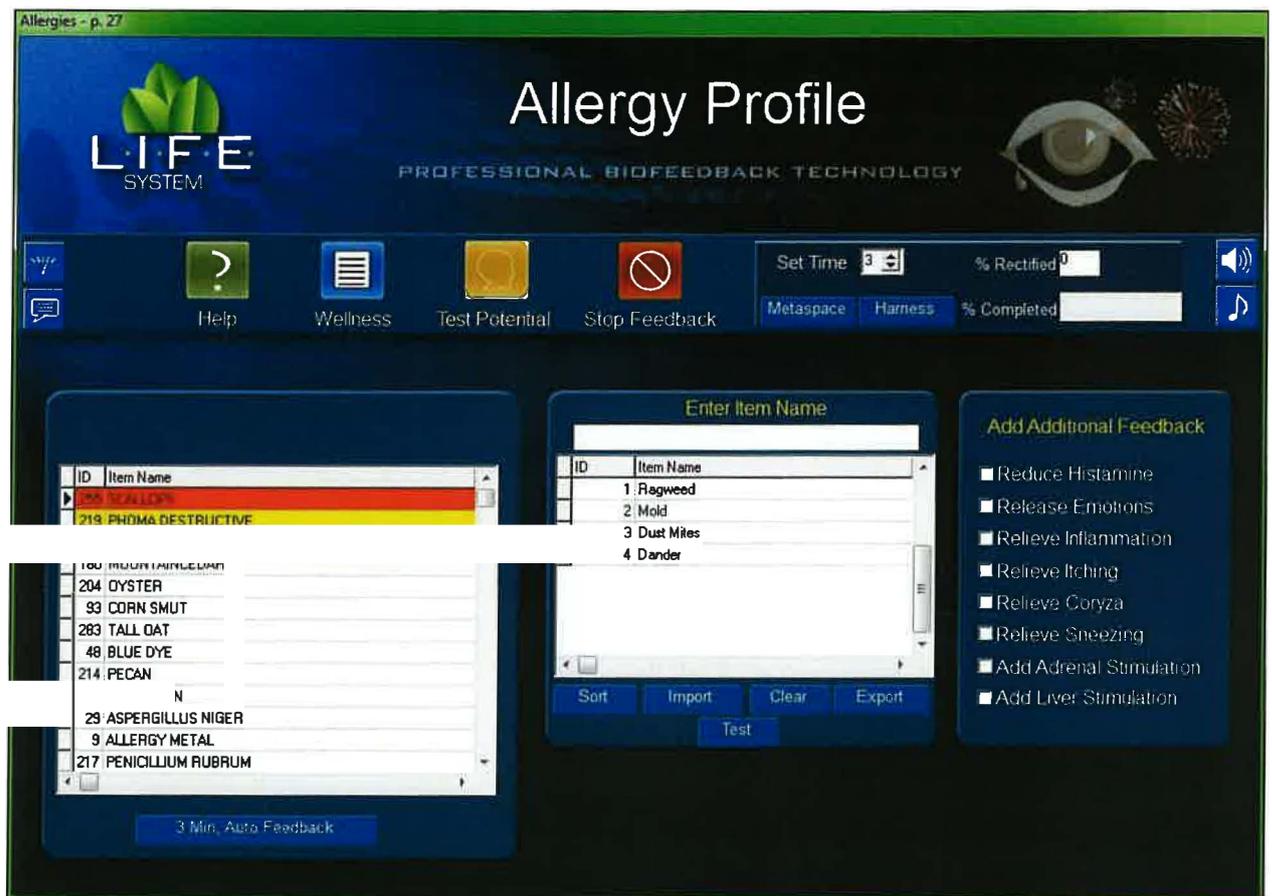
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Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar.

A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

When finished, we may return to the Wellness Information screen to make another selection, by clicking the Wellness icon on the tool bar.



## Allergy Profile

The Allergy Profile screen contains several important features. The middle left corner of the screen provides a view of the main allergy reactivity items. Several hundred, pre-programmed items appear in this scrollable list. Click on the Gold "Test Potential" button, on your tool bar, to perform a reactivity test. The *three highest reactivity values* will be displayed along with their numerical values, and highlighted in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. To apply feedback, to the highest item displayed in red, select the 3-Min. Auto Feedback button to perform a 3-minute quick feedback procedure. For a longer feedback procedure, set the timer to the desired feedback length (or just leave the 3-minute default setting) and then click Harness or Metaspace to initiate feedback. To stop feedback, click the Stop Feedback button.

At the far middle right of the window is a rectangular graphic containing additional feedback items. Place a check in *any or all of the boxes* found in the "Add Additional Feedback" panel or the Inflammation, Infection, Degeneration or Pain check boxes. Each item that is checked will add 15 seconds to the overall feedback process. To stop

Now, let's take a look at the Import function. To import a specific substance you must enter the item name in the Enter Item Name field, then click the Import button. This activates the stainless steel plate on top of the interface box, encodes the item, and automatically adds that item to the personal matrix. To apply feedback, select the item, set the timer to the desired feedback time (or just leave the 3-minute default setting) and then click either the Harness or Metaspaces button to initiate feedback. You may interrupt feedback by clicking the Stop Feedback button.

### Exporting From The Personal Matrix

To export a specific substance you must select and highlight an item in the personal matrix, then click on the Export button to send the selected item to the plate on top of the box. This may be used to charge a medium, such as a vial of water, that has been placed on the plate.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspaces or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers reactivity process.

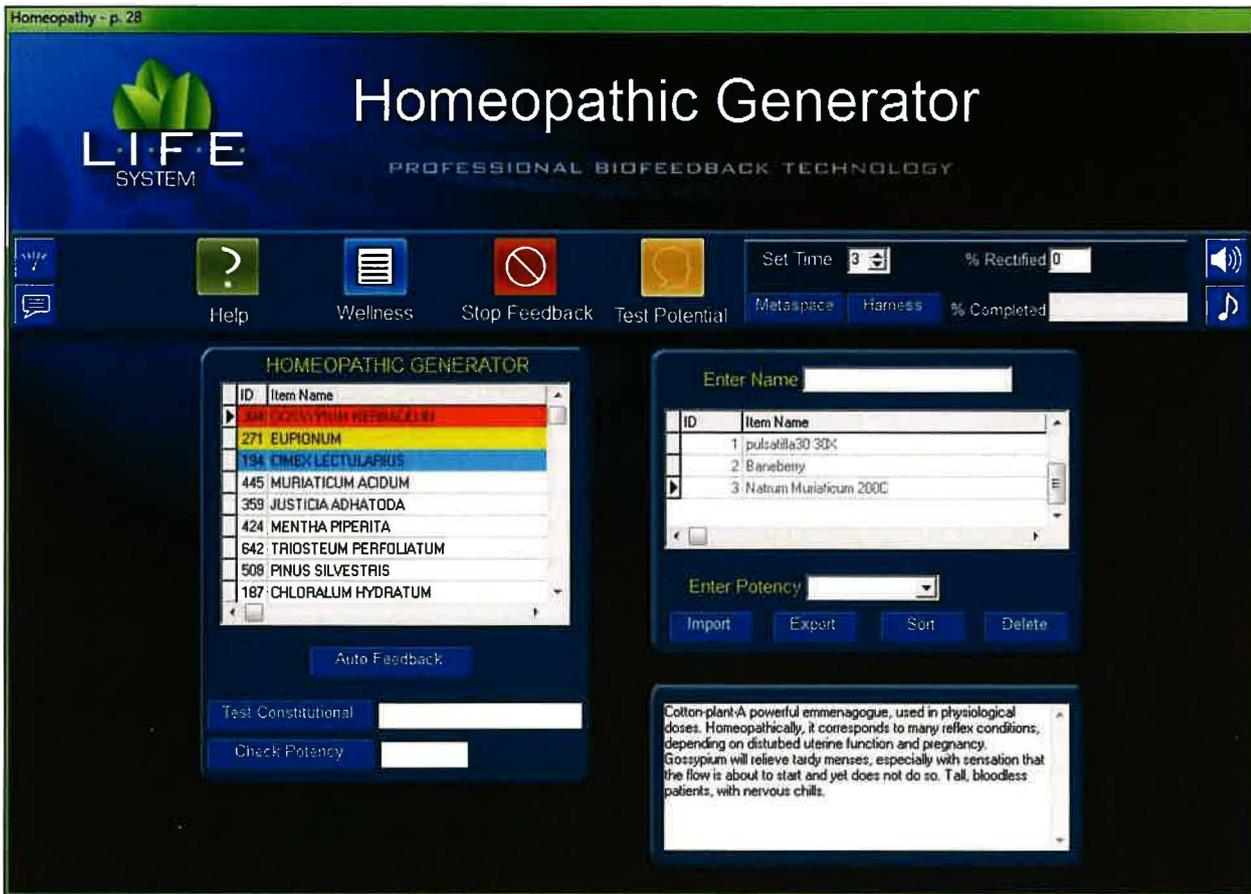
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and

clicking either the Harness or Metaspaces button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again on the speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off.

You may return to the main program page in order to make another selection, by clicking the Wellness Icon on the tool bar.



## Homeopathic Profile

At the left central portion of the screen is a rectangular graphic containing a scrollable list of all pre-programmed Homeopathic remedies from A to Z. To initiate a test, click the gold Test Potential button located on the tool bar at the top of the screen. The *three highest reactivity* values will be displayed in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession.

If you click the Auto Feedback button you will initiate feedback to the red item ONLY. Or, you may also select any INDIVIDUAL item by highlighting it. Then set the timer to the desired feedback length (or leave the 3-minute default setting), and click either the Harness or Metaspace button to initiate feedback. You may stop feedback, at any time by clicking the Stop Feedback button.

Now, let's click the Check for Constitutional Remedy button, as shown by the arrow. Following a short reactivity process, the suggested remedy will appear in the white field. To check for potency, click the Check for Potency button. Following another short reactivity process the result will appear in the white field to the right. You have the option of providing feedback by setting the timer to the desired length (or leave the 3-

minute default setting), then clicking either the Harness or Metaspaces button to initiate feedback.

Let's examine the process of importing a remedy into your personal database list. Place any item or substance you wish to import onto the tray on top of the interface box. Enter the name of the substance or item into the Enter Name field provided near the right center of the screen. Next, enter a potency, from the "Enter Potency" drop-down list into the Enter Potency field. Click the red Import button to activate the procedure. The item you entered will automatically appear in your personal database list.

Let's take a look at the "Export" feature. At the right center of the screen, select the name of any remedy that you have previously imported into your personal data base list. Enter a potency, from the drop-down list into the Enter Potency field. Make sure that you have highlighted the item that you want to export, then click the Export button. The signature of that item will energetically charge the water, or other medium, that you have placed on the tray.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspaces or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must

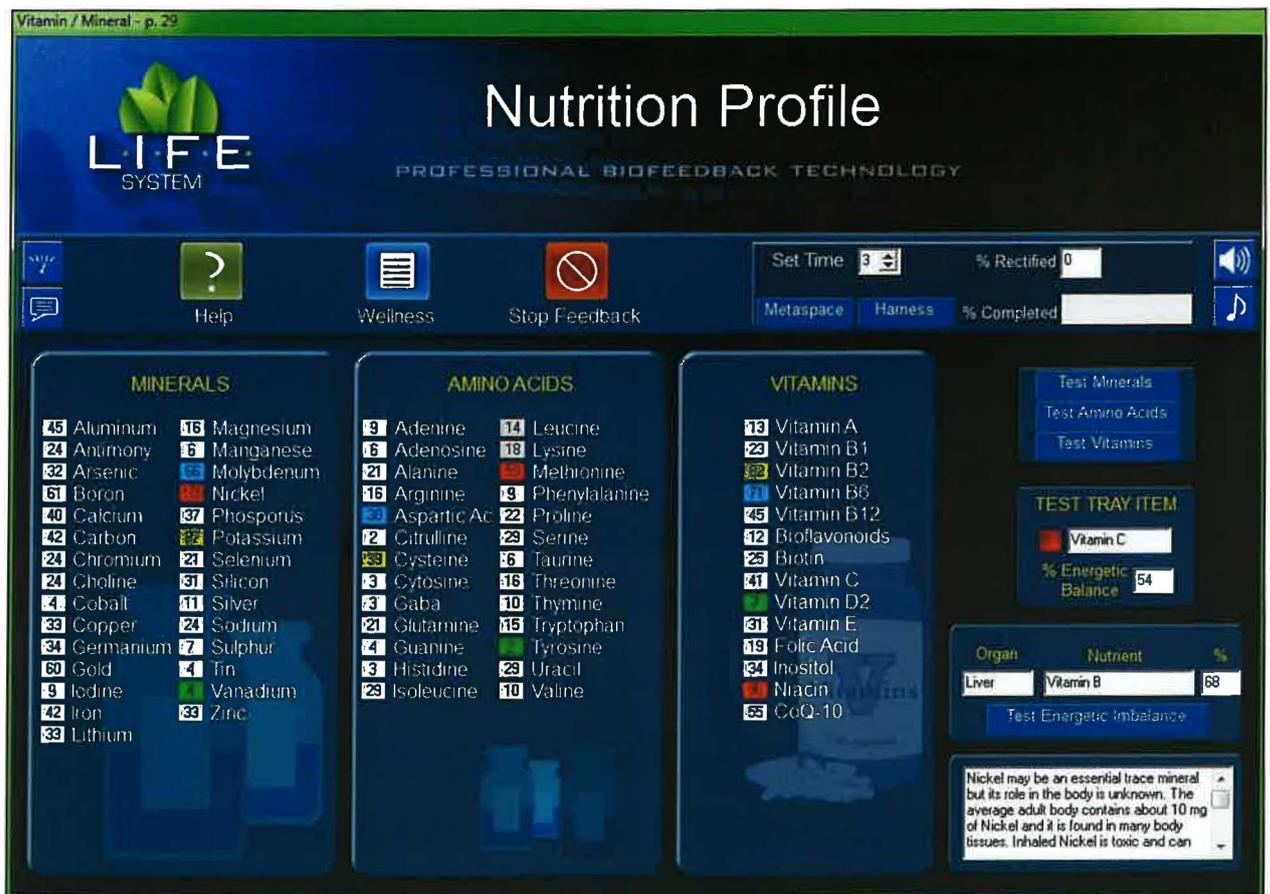
**left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information.*** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress toward completion. A % Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program

To continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Nutritional Profile

Start by clicking on one of the three Test Potential buttons located at the upper right portion of the screen to begin a reactivity process for the group of nutrients selected: Either Vitamins, Minerals or Amino Acids. **YOU MAY TEST ONLY ONE GROUP AT A TIME.** When complete, the chosen group will display the three highest reactivity values in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the red Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. After completing any or all of the three reactivities, you may apply feedback to any SINGLE item or nutrient you wish in any of the three panels. A description of that item will appear in the dialog box located at the lower right of the screen. Click the button next to the item chosen, set the timer, or use the 3-minute default, then click either the Metaspace or Harness button to begin feedback. You may stop feedback by clicking the Stop Feedback button.

Now, let's review the procedure for testing one of our own items. Place a substance on the stainless steel plate on top of the interface box. Next, enter the name of the item in field of the Test Tray Item graphic, located at the middle right of the screen. Then, click the red button, on the same graphic, to initiate the process. Upon completion, you will see a numerical reactivity value, on a scale from 1 to 100, appear in the white field entitled % of Energetic Imbalance. A value above 75% indicates a significant need.

If you would like to test an organ for a specific nutrient need, type the name of the organ in the white Organ field of the graphic labeled Test Energetic Imbalance. Then type the name of a nutrient in the Nutrient field. Click the red Test Energetic Imbalance button and a numerical percent of need between 1 and 100 will be provided in the % field box. A value above 75% indicates a significant need.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

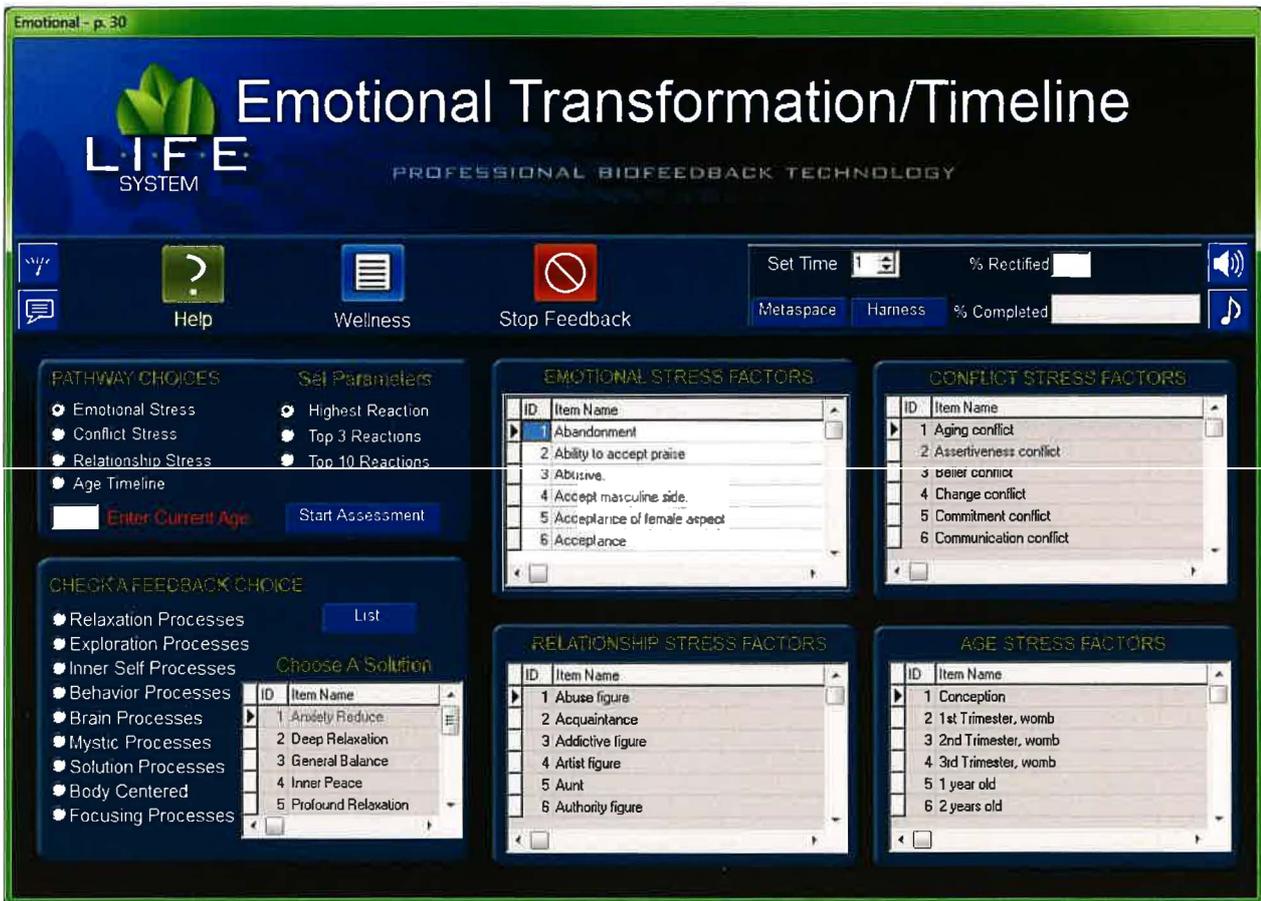
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Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent

"soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

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Now, let's return to the Wellness Information panel, in order to make another selection by clicking the Wellness button on the tool bar.



## Emotional Transformation & Timeline

At the center and lower right of this screen are four scrollable boxes labeled Emotional Stress Factors, Conflict Stress Factors, Relationship Stress Factors and Age Stress Factors. We will refer to these as "Pathway Choices." Following an interview with your client, select ONE of the appropriate Pathway Choices located at the center left portion of the screen as denoted by the arrow. Later, you may later select additional Pathway Choices for testing, but remember, only one at a time.

Now, let's set our Parameters & Current Age options by selecting one of the three round "Set Parameter" buttons, choosing either the Highest Reaction, Top 3 Reactions or Top Ten Reactions. If you are going to include the Age Stress Factor test, then you must type the age of the client in the "Enter Current Age." field.

After choosing a Pathway Choice, Setting A Parameter option, and typing in the current age, click the red Start Assessment button. Results will appear in the respective window for the option you selected. The *three highest reactivity values* will be shown as red, yellow and blue respectively, if you chose the Top Three Reactions option. If you chose the Top Ten Reactions, or the Highest Reaction as your selection, the results will be modified and rendered relative to your numerical choice.

Following the reactivity assessment, select *ONE of the nine options* in the Check a Feedback Choice section located at the lower left portion of the screen. When you make a choice, you will notice that a list of items, relative to your selection, will appear in the Choose A Solution window. (Note that the solution options will change in relationship to your feedback choice.)

Once your solution options appear in the Choose a Solution window, you may highlight and select one solution at a time from the list. Then, set the timer for the desired length (or use the 3-minute default) and click either the red Metaspaces or Harness button to start feedback. You may interrupt feedback at any time by clicking the Stop Feedback button.

Please remember, that you can select a single item in any one of the four "Pathway Choices" lists in order to apply feedback to that specific item.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspaces or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

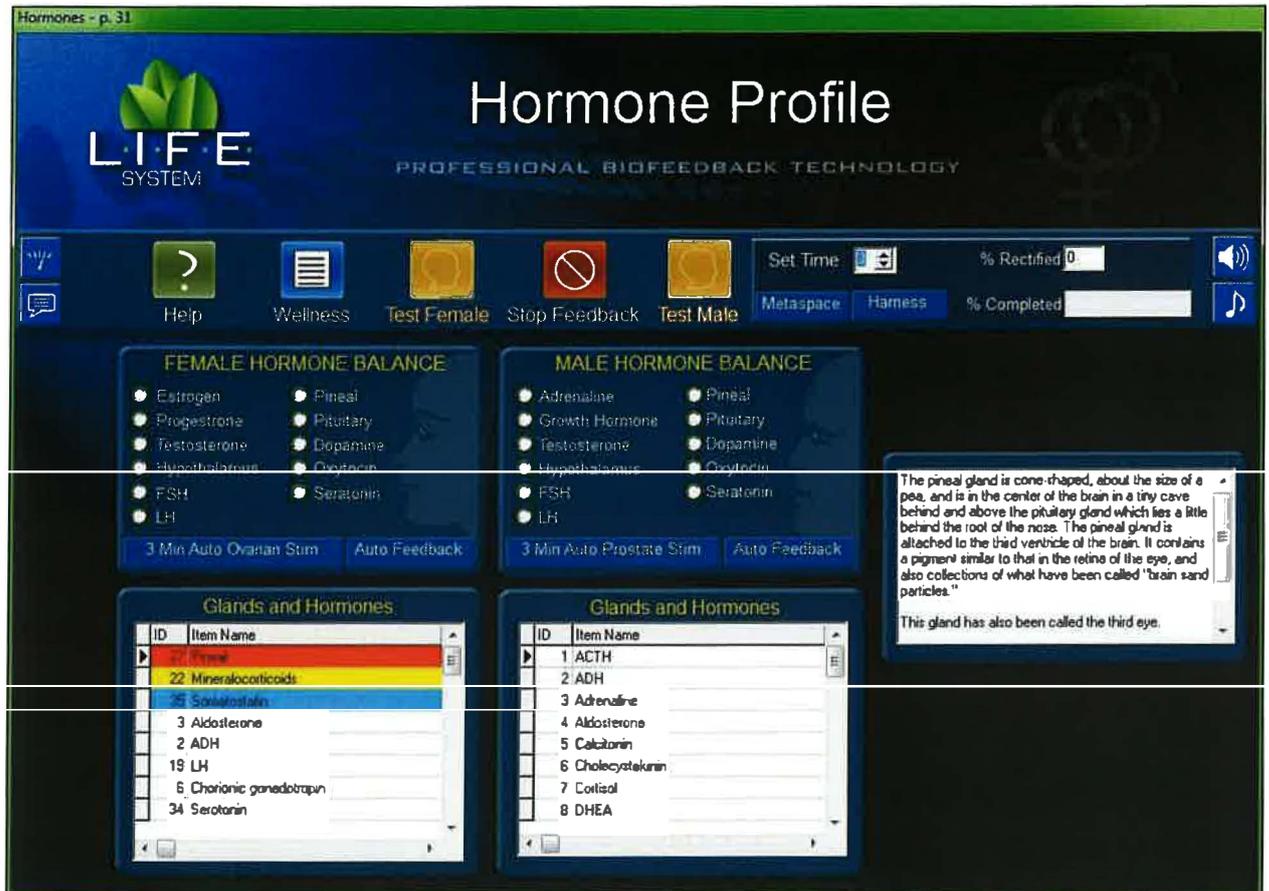
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and

clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

To continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Hormone Profile

This panel provides energetic reactivity testing and feedback for essential Male and Female hormones. Several different features are available.

To initiate reactivity testing for a *female*, click the gold button entitled Test Female, located on the tool bar at the upper portion of the screen. To initiate reactivity testing for a *male* client, click the gold button entitled Test Male, located on the tool bar.

Depending on which gender you have selected, the corresponding screen with the *top three reactivity* values will be indicated by red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. Or, you may also select any **INDIVIDUAL** item by highlighting it, then set the timer to the desired feedback length (or leave the 3-minute default setting), and click either the Harness or Metaspace button to initiate feedback. To interrupt feedback at any time, click the Stop Feedback button.

Use the Female Hormone Balance panel or the Male Hormone Balance panel to provide a quick option for applying feedback, *without the use of reactivity testing*. *Select one item at a time*, set the timer to the desired length, or use the 3-minute default, then click either the red Metaspace or Harness button to start. To interrupt feedback at any time, click the Stop Feedback button.

The 3-Minute Auto Ovarian Stimulation and 3-Minute Auto Prostate Stimulation panels are provided near the center of the screen. Click your choice of either button to initiate a 3-minute automatic feedback procedure.

Please notice that, upon selecting any item, a description is provided in the panel at the middle right of the screen.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

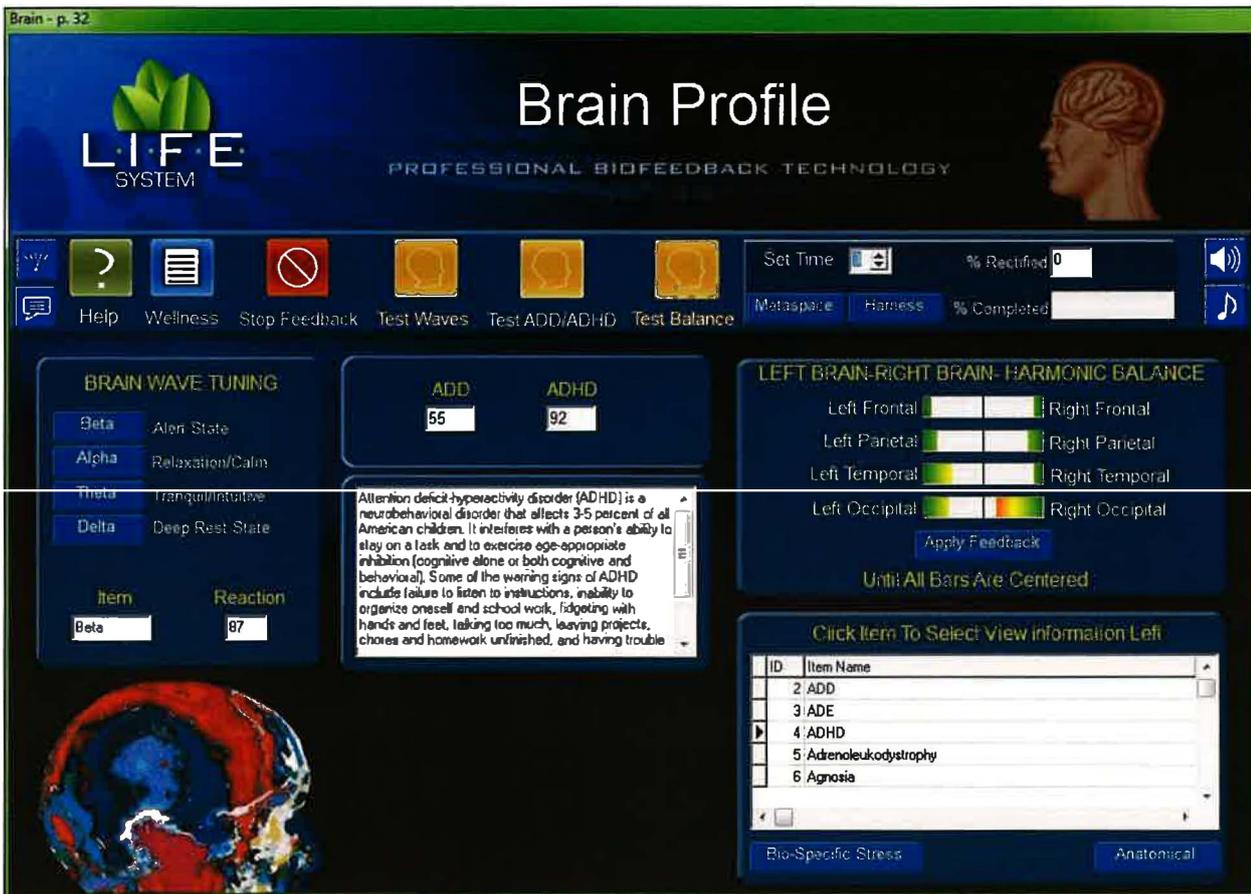
Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent

"soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **still receiving viable feedback information.** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A %Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. Upon completion of any feedback procedure a score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

To continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Brain Profile

The Brain Wave Tuning program is located in the rectangular panel at the left center of the screen. To initiate the energetic reactivity process, click on the gold Test Waves button, denoted by the arrow. Upon completion, the results will be displayed in the two fields located at the bottom of this panel. The most reactive brain component will be displayed in the Item field. The client's numerical reactivity response will be shown in the Reaction field. A response of 50% or greater may indicate an imbalance. A higher number represents a greater imbalance. To apply feedback, click on the small red box next to the item you wish to address. Set the timer to the desired length of time (or use the 3-minute default). Click either the Metaspace or Harness button to start the process. You may interrupt feedback by clicking the Stop Feedback button.

Located in the lower right corner of the screen, is a rectangular graphic that contains a scrollable list of both Bio-Specific and Anatomical items. Click the Bio-Specific Stress button to see a list of items that are specific to the system. Click the Anatomical button to view a list of anatomical parts associated with the system.

By clicking on an item from either list, you will see a description of that condition in a dialog box to the left of the list. To apply feedback, click on an item to highlight it, set the timer to the desired length of time (unless you use the 3-minute default setting) and

then select either the Metaspace or Harness button to start. You may interrupt feedback by clicking the Stop Feedback button.

Located on the tool bar is the TEST ADD & ADHD icon. Click on the gold Test ADD ADHD button to activate the energetic evaluation process. Reactivity results will be displayed in the two small fields directly below the tool bar. A response of 50% or greater may indicate an imbalance. The higher the number, the greater the imbalance. Feedback may be applied by clicking and highlighting either ADD or ADHD in the scrollable table at the lower right portion of the screen. Set the timer to the desired duration and click either Metaspace or Harness to initiate feedback.

The Left Brain – Right Brain – Harmonic Balance graphic, located in the upper right of the screen, offers both testing and feedback features. To initiate the energetic testing process, click the red Test Balance button. Upon completion of the test, you may facilitate the balancing process by clicking the button below the fields entitled, Apply Feedback, Until All Bars Meet in the Middle. This may take several repetitions. After the fifth try, the program will not respond and you must wait for a future session.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

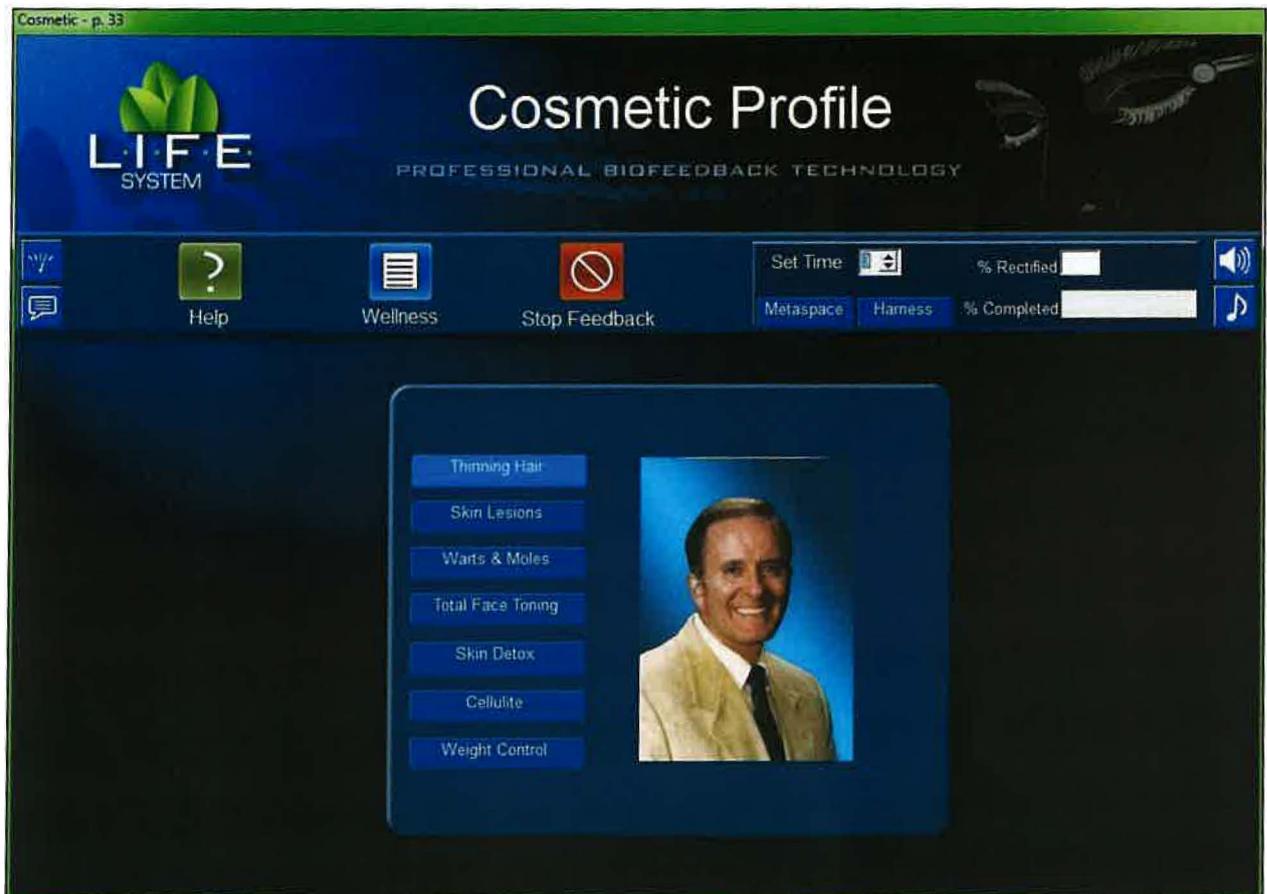
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the

**"Close"** button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

You may return to the main Wellness Information page to make another selection by clicking the Wellness button.



## Cosmetic Profile

The popular Weight Control function is located at the bottom portion of the screen. To begin using this feature, click the Weight Control button on the panel. Set the timer to the desired length (unless you are using the 3-minute default) and then click either the Metaspace or Harness button to start the feedback process.

Thinning Hair, Skin Lesions, Warts & Moles, Total Face Toning, Skin Detox, and Cellulite are all located on the panel at the center of the screen. You may provide feedback for each of these six features, one at a time by clicking the small red tab next to your choice. Set the timer to the desired length (unless you are using the 3-minute default) and then click either the red Metaspace or Harness button to start the feedback process. You may interrupt feedback by clicking the Stop Feedback button at any time.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form.

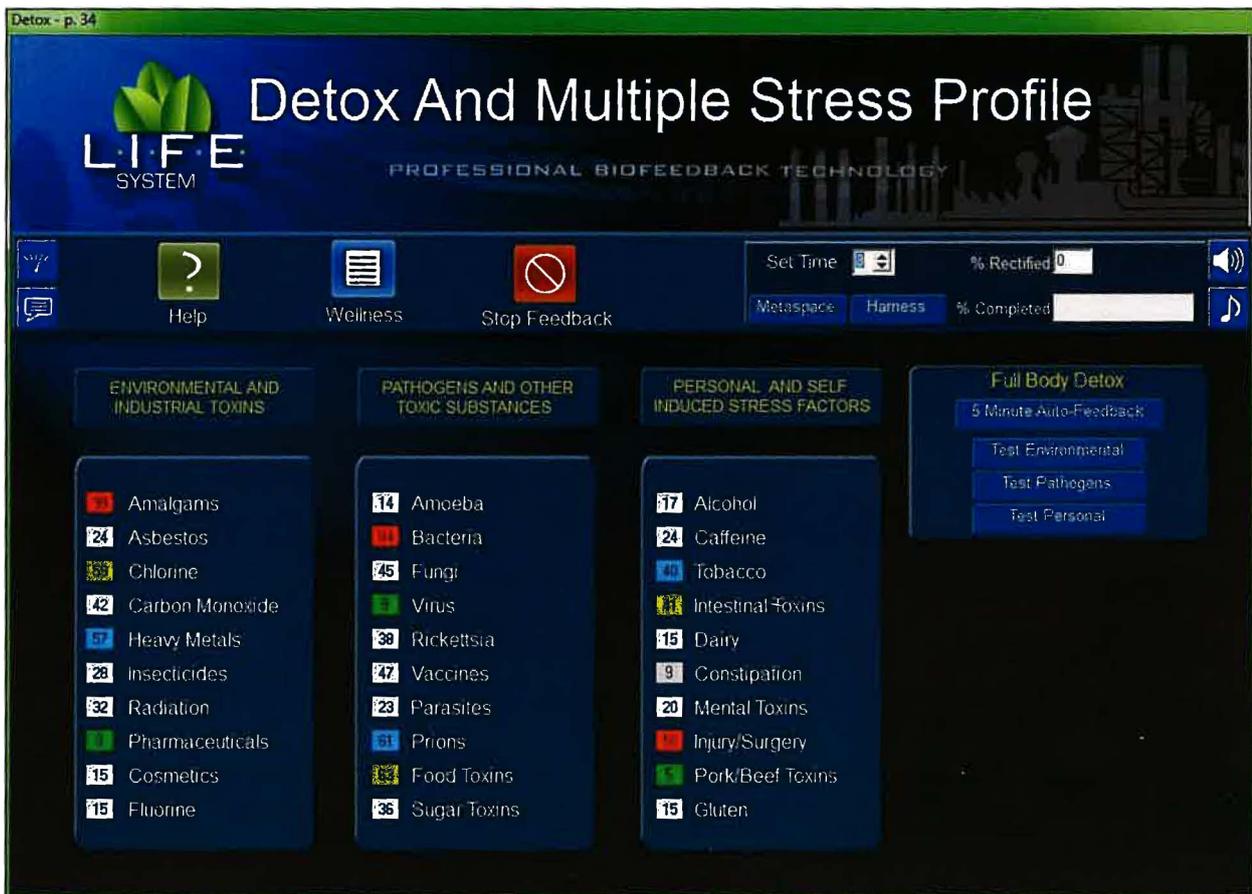
For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **till receiving viable feedback information**. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

When finished, we may return to the Wellness Information screen to make another selection, by clicking the Wellness icon on the tool bar.



## Detox & Multiple Stress Profile

To initiate the Full Body Detox feedback process, click on the 5 Minute Auto-Feedback button on the small rectangular panel located at the right of the screen. This will initiate an automated 5-minute process. Typically, this feature should be used only once per visit.

The Test Environment, Test Pathogens, and Test Personal features are found on the 3 rectangular graphics in the middle of the screen. Click any one of the 3 red buttons on the small rectangular panel at the right of the screen to begin the assessment process. Upon completion, *the three highest, most reactive items*, within the selected panel will be displayed in red, yellow and blue respectively. To initiate the feedback process to the top three items, set the timer to the desired length, click either the Metaspace or Harness button to start and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. You may interrupt feedback at any time by clicking the Stop Feedback button.

You may apply feedback to any SINGLE item you choose, in any of the three lists, by selecting *one item at a time*. Click the box next to the item chosen, then set the timer to the desired length (unless you choose to use the 3-minute default setting). Click either

the red Metaspacer or Harness button to enable the feedback process. You may interrupt feedback at any time by clicking the Stop Feedback button.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspacer or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

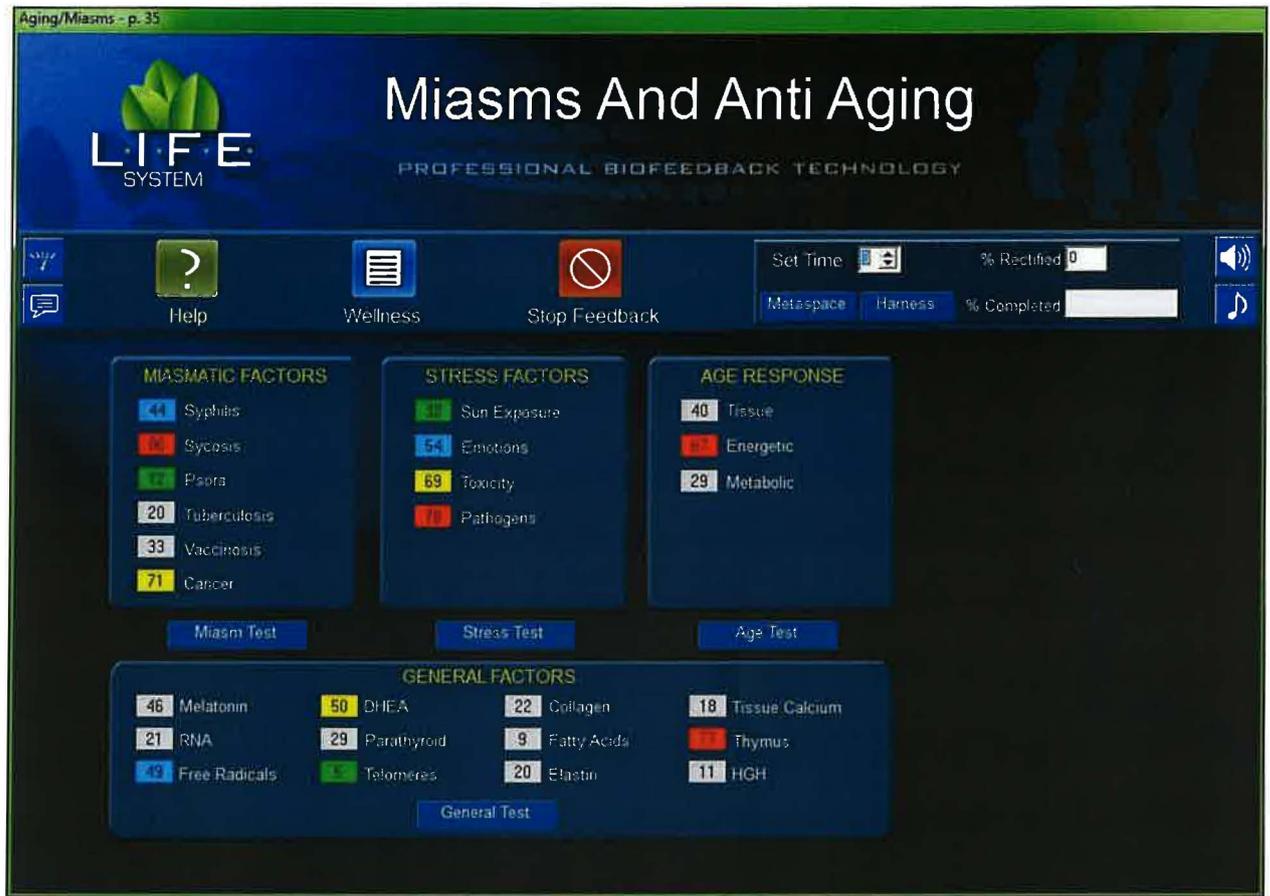
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspacer button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature. It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback***

***information.*** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

When finished, we may return to the Wellness Information screen to make another program selection, by clicking the Wellness icon on the tool bar.



## Miasms & Anti-Aging

This panel contains a number of features associated with the way in which the human body is conditioned to respond to Miasms and various age related stress factors. (Miasms may be defined as energetic tracings carried on the DNA that are related to pre-disposition factors).

There are four panels situated on this screen. Click the Test button below any one of the four test choices to initiate the reactivity test. Upon completion of the process, three color-coded indicators, red, yellow and blue, will appear. The item with the highest reactivity response will be highlighted in red and represent the greatest degree of energetic imbalance. To initiate the feedback process to the top three items, set the timer to the desired length, click either the Metaspace or Harness button to start, and the program will automatically divide the time allotted, and apply feedback to each of the three items in succession. You may discontinue feedback by clicking the Stop Feedback button at any time. In addition you may apply feedback to any individual item by highlighting the item, setting the timer, then clicking either the Harness or Metaspace button.

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar.

A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **still receiving viable feedback information.** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

You may return to the main program list at any time by clicking the Wellness Icon in order to make another selection.



## Animals/Pet Profile

To begin using this program, place a checkmark in ONE of the boxes next to the type of pet or animal you wish to balance. A list of conditions that are specific to the type of pet or animal you have chosen will appear in the window to the right. You will also notice that a description of the condition that you selected will appear in the window located at the lower left of the screen.

Scroll to the item that is appropriate, and highlight your selection. Click the red "Start" button to the right of the panel to initiate a 1-minute auto-feedback procedure. Or, for extended feedback, set the timer for the desired length (unless you choose to use the 3-minute default setting) then, click either the Metaspace or Harness button to start feedback. You may discontinue feedback, at any time, by clicking the Stop Feedback button. You may balance only ONE item at a time.

The right, center portion of the screen contains four selections that include the "Add Emphasis" features of: Inflammation, Infection, Degeneration and Pain, similar to several previous panels that we have already reviewed. Any or all of these items may be selected along with any single feedback item of your choice.

A % Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

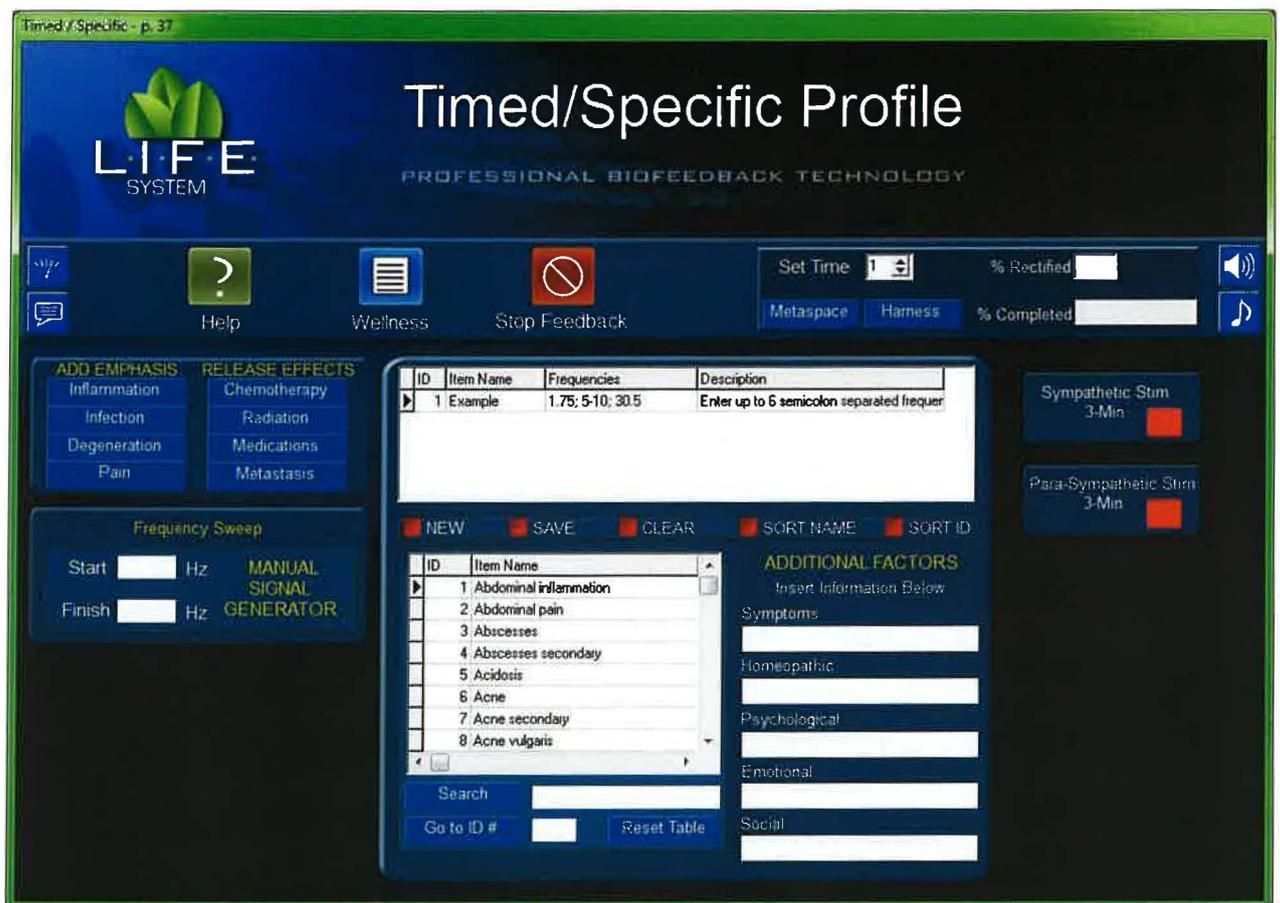
When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is **still receiving viable feedback information.** This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspaces applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

In order to continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Timed-Specific Panel

The Timed/Specific Panel is one of the most important panels in the L.I.F.E. System. Over 1,200 specific items are represented, along with their feedback signatures. You will also note that a number of other concurrent features are available as well.

Items in the main selection matrix are listed alphabetically. Simply scroll to the appropriate item, then click and highlight your choice. Next, set the timer for the appropriate duration (unless you use the 3-minute default setting). Click either the Metaspace or Harness button to start the feedback process.

You may check any or all of the four items in the Add Emphasis graphic at the upper left of the panel. These items will add a unique feedback signature and function concurrent with the item you selected from the main matrix. Each item you select will add 15 seconds to the feedback process.

You may also check any or all of the four items listed in the Release Effects Of graphic. These items will add a unique feedback signature and function concurrent with the condition you selected from the main matrix. Once again, each item you select will add 15 seconds to the feedback process.

The next feature allows for the insertion of Additional Factors we refer to as Hololinguistic Information. The term Hololinguistic refers to the subtle, but powerful influence of words. Simply type a short description into each of the appropriate fields. As feedback is initiated, the influence of that information reinforces the therapy.

By clicking the red button next to either the Sympathetic or Para-Sympathetic graphic, an automatic 3-Minute feedback procedure is initiated.

The Frequency Sweep feature is a manual signal generator that allows for the insertion of feedback signals of your personal choice. However it is important that you have the correct information available to you, from a reliable source, in order to use this function correctly. If not, it is advisable to use the pre-programmed items from those provided in the main selection list. You will note that you may enter just a Start signal or a Start and Finish signal in order to provide a sweep between two signals. The most common procedure would be to enter a Frequency Sweep by providing both the Start and Finish Signals. Following insertion of the numerical values in the appropriate fields, the timer would be set for the desired duration, then select either the Harness or Metaspacer button to begin the feedback process.

The upper central portion of the main selection panel allows for the individual storing of single, sweep type, and/or decimal type signals. Simply click the New button, enter an Item Name, a Description and then enter as many as six semi-colon separated signals as you desire. Click the Save button, then set the timer to the desired length, and click either Harness or Metaspacer to initiate the process. Each semi-colon separated signal will be

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When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspacer or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this

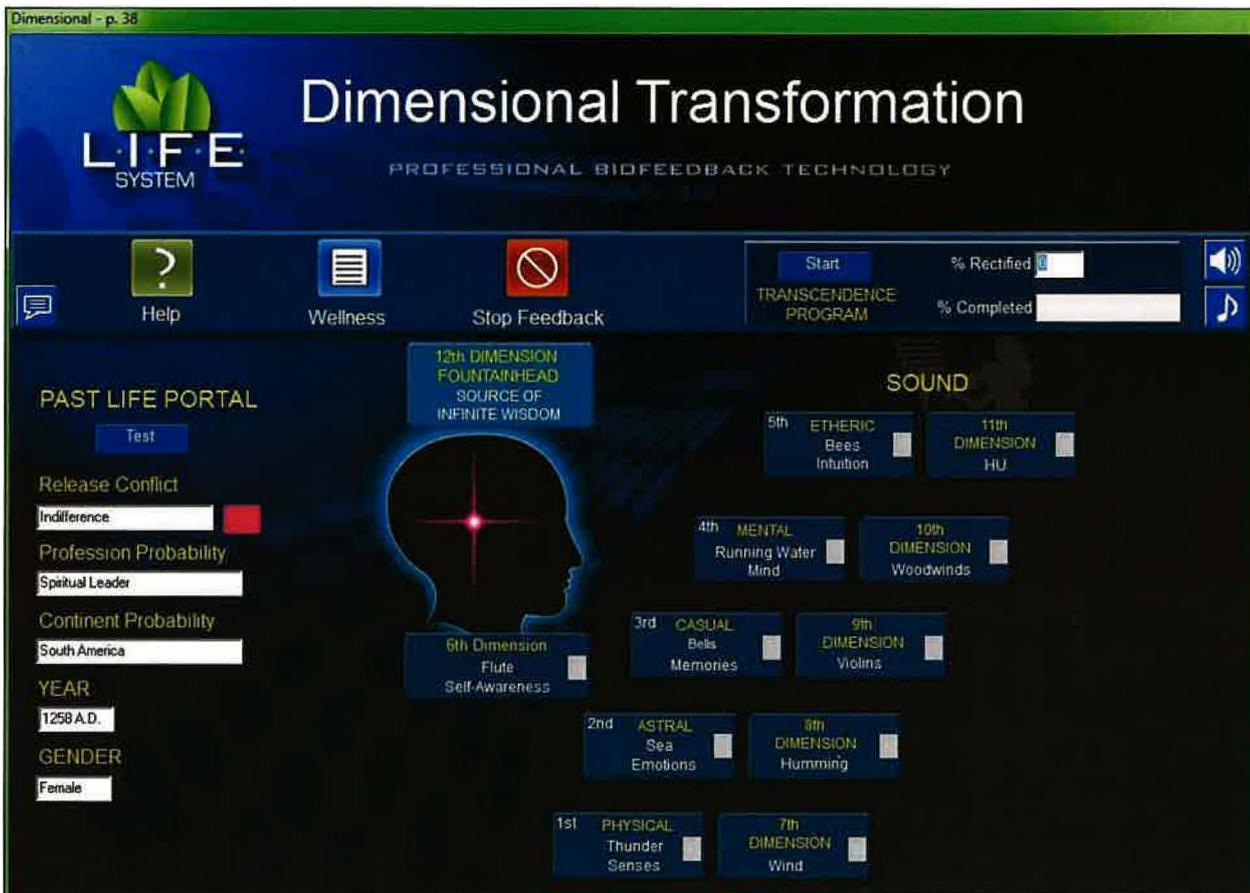
information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computer's speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again, delivered in succession until complete.

Now, let's return to the Wellness Information panel, in order to make another selection by clicking the Wellness button on the tool bar.



## Dimensional Transformation

Start by clicking the Past Life Portal "Test" button located at the upper left of the screen, as shown by the arrow. Doing so will generate information into the five following category fields: Release Conflict, Profession probability, Continent Probability, Year, and Gender.

Upon completion, review the response in the Release Conflict field. It will suggest a possible mental or emotional plane conflict that may be associated with the particular past life indication. It may also provide a clue to a particular imbalance we may be experiencing at this present time.

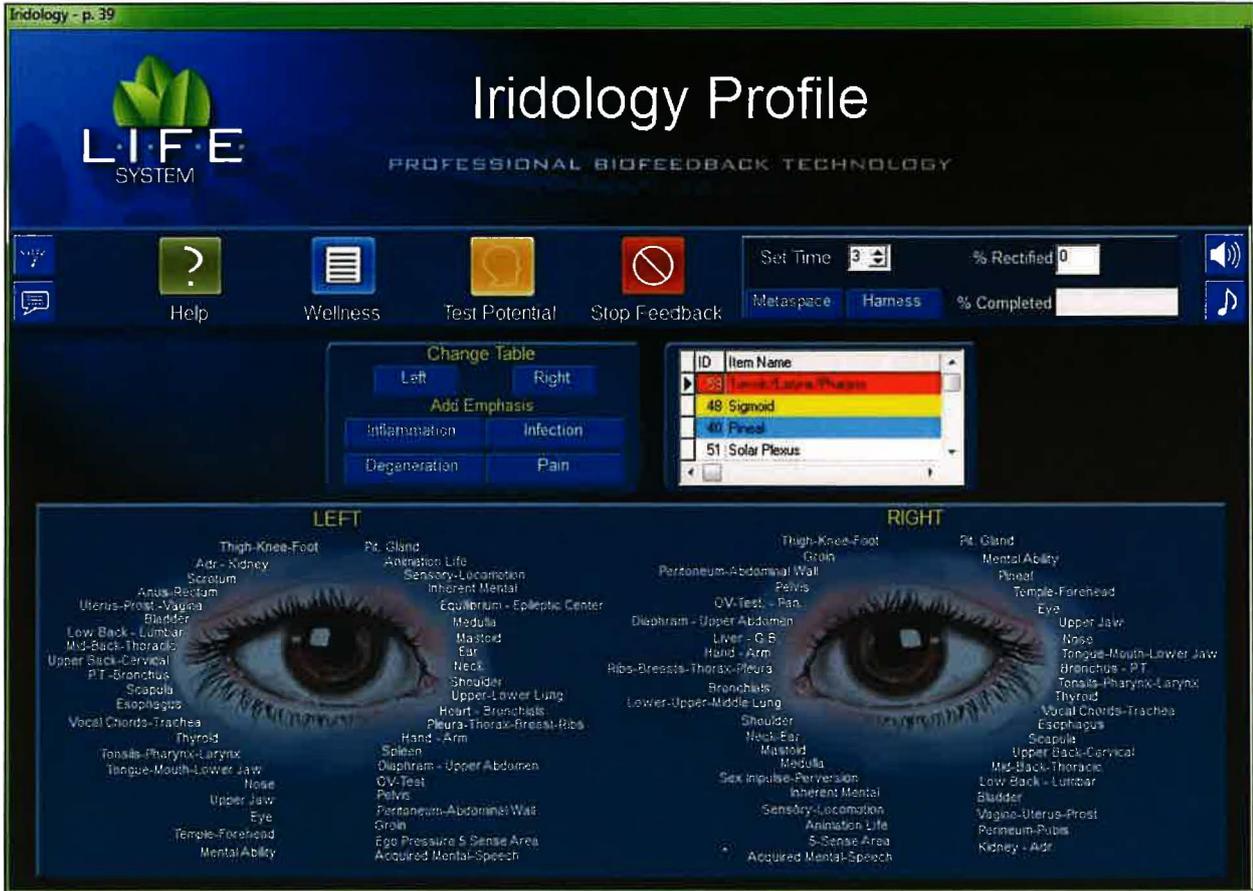
By clicking the red button next to the Release Conflict field, you will generate a 3-minute feedback procedure, which is designed to relieve the energetic stress potentials associated with the indicated conflict. Check the % Rectified field to evaluate progress. A percentage of 85% or greater is desirable. *You may make only three attempts at resolution* per visit.

An additional feature is the "Transcendence Program." To use this program, click the Transcendence Program START button located on the tool bar. This will initiate an

automatic 3-minute program that progresses through the twelve dimensions represented on the screen. To stop feedback at any time, click the Stop Feedback button. *It is suggested that you activate this program only once per visit.*

A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

To continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Iridology Profile

The Iridology panel is divided into two sections. *You will notice, that for ease of use, the standard Iridology graphics that show the left eye on the right and visa versa, have been reversed.* The left graphic represents the client's *left eye*, and the right graphic represents the client's *right eye*. Select either the left or right option on the Change Table graphic in the middle of the screen. Then click the gold Test Potential button on the tool bar at the top of the screen, and you will activate the test for the eye that you selected. *Three items representing the highest degree of reactivity* will be highlighted in red, yellow and blue respectively.

To initiate the feedback process to the top three items, set the timer to the desired length, click either the Metaspaces or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession. Additionally, you may select any SINGLE item, by highlighting it within the database list, then set the timer to the desired length, and select either Metaspaces or Harness to initiate feedback. You may stop feedback at any time by clicking the Stop Feedback button.

Additionally, you may add emphasis to your feedback choice by selecting one or all of the options in the rectangular graphic entitled: Inflammation, Infection, Degeneration, or Pain.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspacer or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspacer button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

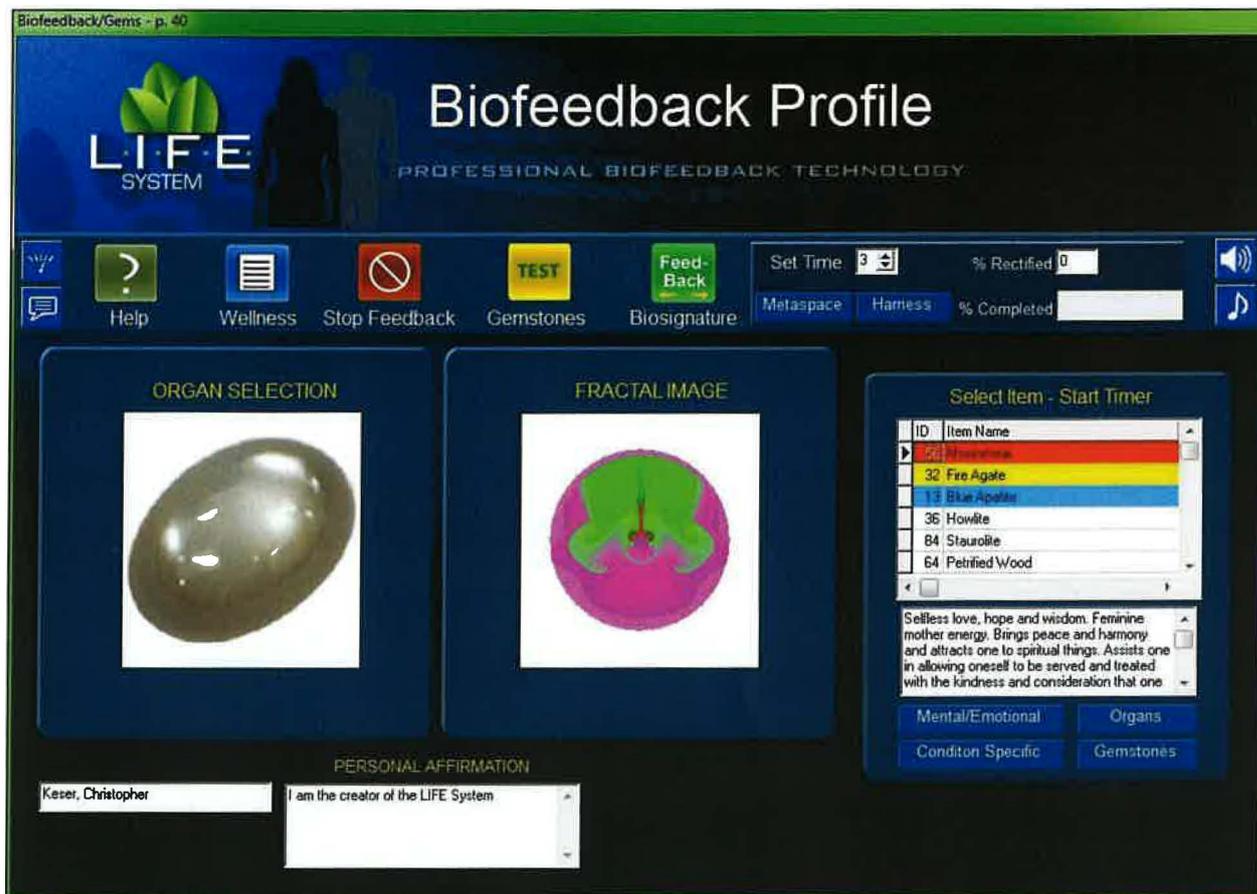
Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

It is NOT advisable to have your client watching the screen during feedback! **Please note:** Even during a "soft" response period, your client is ***still receiving viable feedback information***. This feature is designed to function more predominantly during harness feedback sessions, when your client is directly tethered to the interface system. Also, be

aware that you will always see a notably softer response during Metaspace applications. To discontinue the use of the Feedback Response meter simply **left click** the meter button again.

A %Complete field shown at the right of the tool bar will allow the operator to view the timers progress as it moves toward completion. A %Rectified field is also located on the tool bar. Upon completion of any feedback procedure a score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

To continue our tutorial, we will now return to the Wellness Information Screen to make another selection.



## Bio-Feedback Profile

There are five program categories represented in the Biofeedback Profile. These include Mental/Emotional, Organs, Condition Specific, Bio-signature and Gemstone programs.

**First:** Start by clicking one of the following buttons: **Mental/Emotional, Organ Specific, Gemstones or Condition Specific**, located at the right lower part of the screen. Select *one of these* category selections at a time, and you will notice that a list of related items appears in a scrollable window or table just above your selection. Scroll through the alphabetized list until you locate an appropriate item, and then highlight that selection. Set your timer, and select either Harness or Metaspace to start feedback. Each of the four categories function in the same manner.

**Next: The Bio-Signature Program:** Click the green Bio-signature button on the bar at the top of the screen to initiate the start of the program. You will notice that a picture of the client (if it was inserted into the Demographic Panel) will appear behind the individual organs as they rotate. The picture of the individual is being influenced by the energy of the Bio-signature that is superimposed on the picture of each organ during the feedback process. The process will run for approximately 1-minute or until you click the Stop Feedback button.

**Gemstone Program:** Click the gold Test Gemstones button to initiate a reactivity test of nearly 100 gemstones. Upon completion, the test will reveal the three highest responses in red, yellow and blue. To initiate a feedback process to the top three items, set the timer to the desired length, click either the Metaspace or Harness button to start, and the program will automatically divide the time allotted and apply feedback to each of the three items in succession.

To apply feedback to a SINGLE item, simply set the timer to the desired length (unless you are using the 3-minute default), make a selection from any one of the tables and click either the Metaspace or Harness button to initiate the feedback. You may stop feedback by clicking the Stop Feedback button at any time.

On the selection bar, at the top of your screen, you will see three new icons. One is a small picture of a speaker, (On the right side of the toolbar) second is a small picture of a musical note, (Also located on the right side of the toolbar) and third is a small picture of a meter. (On the left side of toolbar).

When you **left click** on the **speaker button** you will now see a rectangular graphic appear at the top right of the screen. Once you begin to perform a "feedback" procedure with your client, this graphic will represent an active picture of a frequency wave form. For example: Select and highlight the Bladder Meridian button. Next, set your timer, and click either the Metaspace or Harness button and you will begin to see the wave form associated with your selection, moving across the waveform graphic. Simultaneously, **if you have your computers speakers turned on**, you will hear an audible frequency tone which will be administered to your client, in addition to the light and sound information being processed through the 5-point harness system. **Please note:** An excellent alternative to simply playing the audible sounds through your computers speaker system, is to turn the volume on your computer down low, and have your client use a set of headphones. Research has shown this to be a very effective biofeedback tool. If you do not wish to hear the audible tones, you may simply turn the volume off on your computers speaker system. If you do not wish to use either the audible tones or the wave form graphic, you may left click the small speaker graphic again, and both functions will be turned off. This feature will also be available on all other pages throughout the entire Life System and will function in a similar manner, therefore I will not repeat this information on subsequent windows. **Also Note:** This function does not work during any reactivity process.

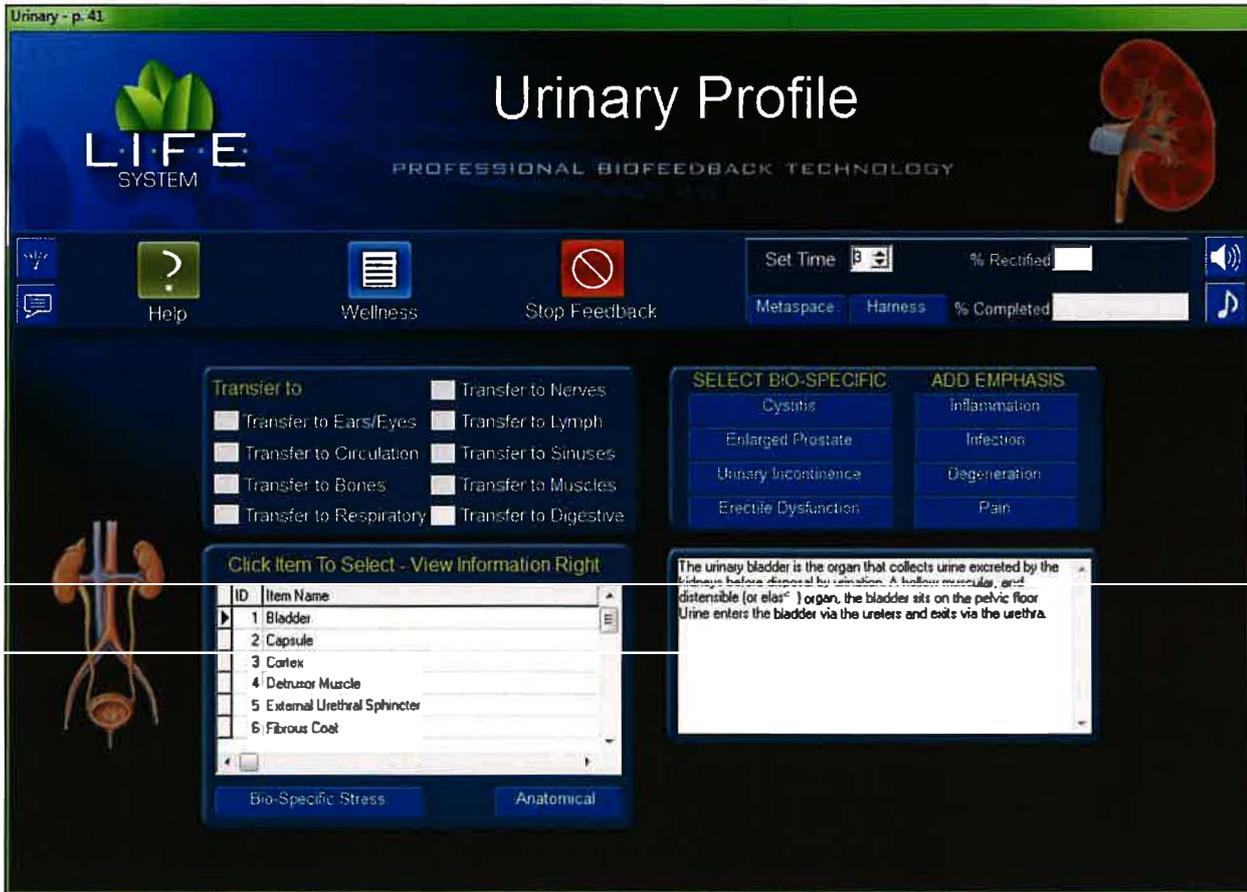
OK, now let's take a look at the small musical note button. If you **right click** the note button (on any page throughout the entire Life System) you will see that the screen opens to a music options page. You may **check** any one of the 30 different preprogrammed selections, making sure your computers speakers are turned on and adjusted to the proper volume. Make sure that the "**Play During Feedback**" option at the top right of the screen is selected. Once your music selection is made, click the "**Close**" button to return to the Life System page you are working on. Now, you must **left click** the small note button to activate your music selection. Your music selection will now play whenever you enable a feedback process by setting your timer and clicking either the Harness or Metaspace button. You may deactivate or reactivate the music playback at any time by simply **left clicking** the small note button again.

Alright, now let's look at the small blue meter button at the far-left side of the selection bar. **Left click** the button and you will see a rectangular "Feedback Response" meter appear. This function is a "client interactive" guide, providing the technician with an indicator relative to the strength or weakness of the client's response during the feedback process. The most desirable response is typically 50% or greater. If you see a consistent "soft" response, you may have your client try to relax a bit more by closing their eyes, playing one of the many music selections, or utilizing the new audible frequency feature.

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A % Complete field, shown at the right of the tool bar, will allow the operator to view the timers progress toward completion. A %Rectified field is also located on the tool bar. A score of 85% or greater is deemed sufficient in order to achieve harmonic balance. Both of these features are shown on every page throughout the entire program.

You may return to the main program list at any time, by clicking the Wellness Info button.



## Urinary Profile

The functions associated with this page are similar to nine other panels that include Muscles, Cartilage & Ligaments, Circulatory, Respiratory, Sinuses, Nerves, Lymph, Ears & Eyes, Dental and Bone Profiles.

Each panel contains two feedback procedures with the Exception of the Circulatory & Heart Profile and the Muscles, Cartilage & Ligaments Profile.

Two features are located in the rectangular panel at the middle right of the screen. The left portion of the panel contains four of the most commonly occurring Bio-Specific conditions associated with the Urinary Profile. Click on one or all of the items under Select Bio Specific items. The right portion of the rectangular panel contains items that Add Emphasis to the balancing and feedback process. You may select one or all items for emphasis. To begin feedback, select the time or use the 3-minute default, and click on either the Metaspace or Harness button to start. You may stop feedback at anytime by clicking the Stop Feedback button.

In the lower left corner of the Urinary Profile is a graphic that contains a scrollable list of Bio-Specific and Anatomical items. Click the red Bio-Specific Stress button to find an expanded list of conditions that are specific to the Urinary Profile. Click the Anatomical button to switch to an expanded list of anatomical parts associated with the Urinary Profile.

You may apply feedback to any item you select, in either of the lists by highlighting the item desired, setting the timer to the desired length (unless you use the 3-minute default setting) then clicking either the red Metaspace or Harness button to enable the feedback process. Upon choosing any item in the Bio-Specific Stress or Anatomical list, an educational description of that item appears in the text box directly above.

In addition to features mentioned, you will see that eight transfer buttons are located in the upper central portion of the screen. Clicking a Transfer button enables quick access to a different panel without the necessity of returning the Wellness Info.

# System Specifications

The L.I.F.E. System is a complete unit containing a software, interface box, head and limb harnesses, and a USB cable that connects the interface box to the computer. The L.I.F.E. system software is functional on Windows 10, Windows 8, and Windows 7. An Intel, AMD, or equivalent processor, operating at 1.5 Ghz or greater, containing a minimum 1 gigabyte of RAM and ample hard drive capacity is recommended. A **USB port** and an **integrated LAN with RJ45** port is essential. Although Celeron, Duron, Sempron, and Centrino processors may be functional *they are not recommended, since they are extremely slow processors*. The program is written to operate at 1024 X 768 screen resolution. Screens with higher resolution in the height will make the L.I.F.E. system software appear smaller. Screens smaller than 15 inches may make the program hard to read as everything is smaller.

The L.I.F.E. System is a biofeedback/relaxation management device. All hardware and software components are warranted for **TWO** full years against manufacturing defects. Tech support will be provided, free of charge, for 90 days following delivery. Such support will pertain to L.I.F.E. System hardware or software problems only. It does not include support relevant to training issues, use, or setup of your computer system, Microsoft Windows operating systems, scanners or other unrelated issues. Please Note: You must contact your distributor/trainer for help with the setup and use of the L.I.F.E. System software.

The software may be upgraded periodically with new and innovative features. It will be released subject to fee which is determined by Harmonic Energetic Technologies. Hardware upgrades may require a fee too which is to be determined by Harmonic Energetic Technologies.

All of the program tables, items and/or substances, encoded within the software have been independently developed, purchased by Harmonic Energetic Technologies, or are otherwise public domain.

The reactivity process, entrainment loop, feedback and safety mechanisms used within the L.I.F.E. System are exclusive and proprietary.

## Technical Support

The L.I.F.E. System hardware and software are warranted for **TWO** full years following the date of purchase. Please do not tamper with or open the interface box. Please Note: The interface box has been provided with an internal security seal. If the device has been opened and the seal broken, the warranty will not be honored. For **Customer Service**, please contact your distributor/broker. For **Technical Support**, please contact your distributor/broker.

Our sincerest thanks and gratitude,  
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